



## 2022 UPDATED WHARTON COUNTY 4-H FOOD SHOW REGISTRATION

### THEME: BACKYARD BBQ

Summer isn't the only time for a Backyard BBQ! Sometimes, a backyard BBQ means you get to enjoy special dishes that you only see at a BBQ. The grill usually comes out and families have started gathering around to experiment with different flavors. Now is the time for you to get creative with flavors and recipes commonly found at a backyard BBQs. You may even want to try out a new piece of kitchen equipment such as a grill plate or indoor grill. Remember, not all backyard BBQ dishes even require a grill! Many Backyard BBQ dish favorites can be prepared on the stovetop, in the oven, in non-cook methods, or using special equipment. Please keep in mind your 75-minute kitchen time at State Roundup when selecting your recipe. ABSOLUTELY NO open flames or outdoor type grills will be allowed at the State Food Show!

Remember to keep in mind good nutrition and healthy preparation methods as you select your recipe.

**PLEASE FILL OUT AND RETURN FORM AND RECIPE FORM BY SEPTEMBER 30, 2022.**

*The Wharton County 4-H Food Show will be held Tuesday, October 18<sup>th</sup> at the Extension Office.*

NAME: \_\_\_\_\_

EMAIL: \_\_\_\_\_

CLUB: \_\_\_\_\_

#### DIVISION:

- Clover Kid (grades K-2)
- Junior (grades 3-5)
- Intermediate (grades 6-8)
- Senior (grades 9-12)

#### CATEGORY (*Select one*):

- Appetizer
- Main Dish
- Side Dish
- Healthy Desserts