

# Texas 4-H Food Show | Preparation Scorecard

Contestant Name: \_\_\_\_\_ County: \_\_\_\_\_

Entry Category:  Appetizer  Main Dish  Side Dish  Healthy Dessert

Observation	Comments	Points	Score
<b>Safety Concerns &amp; Practices</b>			
Exhibited knowledge of how to use equipment safely (heat, utensils, sharps, etc.)		(5)	
Handled ingredients appropriately to avoid cross contamination		(5)	
Personal Hygiene (hair, nails, jewelry, etc.)		(5)	
<b>Preparation</b>			
Practiced correct cooking procedures based upon ingredients provided		(2)	
Completed tasks efficiently and in a logical order		(2)	
<b>Management</b>			
Used workspace efficiently		(2)	
Effective use of time		(2)	
Preparation table was clean at the conclusion of the preparation period		(2)	
<b>Additional Comments:</b> <i>(based on observation)</i>	Total Points	Possible (25)	

# Texas 4-H Food Show | Presentation Scorecard

Contestant Name: \_\_\_\_\_

County: \_\_\_\_\_

Entry Category:  Appetizer  Main Dish  Side Dish  Healthy Dessert

	Comments	Points	Score
<b>I. PRESENTATION</b>			
<b>Theme:</b> • How does the theme fit with the dish?		(5)	
<b>Knowledge of MyPlate:</b> • Food group(s) represented in dish. • Serving amount needed from each group daily for age. • How did MyPlate guide choice of dish? • How does this dish reflect MyPlate?		(10)	
<b>Nutrition Knowledge:</b> • Key nutrients of dish and function of those nutrients		(10)	
<b>Food Preparation:</b> • Preparation key principles and function of key ingredients • Healthy substitutions		(10)	
<b>Food Safety Concerns &amp; Practices:</b> • Knows food safety concerns in preparation and storage of dish • Follows FightBAC principles		(10)	
<b>II. INTERVIEW (category specific)</b>			
<b>Judge's Questions</b>		(15)	
<b>4-H Food &amp; Nutrition Project Activities</b>		(10)	
<b>III. FOOD PRESENTATION/QUALITY</b>			
• Appearance of food (texture, uniformity) • Garnishing		(5)	
<b>IV. EFFECTIVENESS OF COMMUNICATION</b>			
• Voice, poise, personal appearance		(5)	
<b>V. SKILL SHOWCASE SCORE</b>			
• Proper demonstration of assigned skill.		(10)	
<b>Additional Comments:</b>	Total Points	Possible (90)	