

Texas 4-H Refashion Retreat

June 28-29, 2019

Corpus Christi



Friday, June 28th

- 8:30 am Registration
- 9:00 pm Welcome, Orientation and Get Acquainted Activities – FID Ambassadors
- 9:30 pm Explore Clothing & Textiles Sewing Basics Curriculum – Lesson Introduction
(30-minute rotational sessions)
- Hand Stitching – Auditorium
 - Sewing a Line – Recreation Room
 - Ironing and Pressing – Cafeteria
- 11:00 am Load and Travel to Re-Sale Shop (show video with before and after pictures)
- Photo Session (before) – Auditorium
 - Begin Refashion Project – Individual Workstation
- 12:00 pm Lunch
- 1:00 pm Return to D-11 Center
- Photo Session (before) – Auditorium
 - Begin Refashion Project – Individual Workstation
- 4:00 pm Stretch break
- 4:15 pm Getting to know more about the 4-H Fashion and Interior Design Opportunities
- 4:45 pm Pick-a-Project (Knowledge & Skill Application)
(maximum of 10 participants per project)
- Lamps
 - Bulletin Boards
 - Wooden sign lamp
 - Nail Art
- 6:00 pm End of the day

Saturday, June 29th

- 8:30 am Some sort of group activity
- 8:45 am Continue Refashion Project–Individual Workstation
- 10:15 am Stretch Break
- 10:30 am Duds to Dazzle–Interior Design
- Noon Lunch –
- 1:00 pm Continue Refashion Project – Individual Workstation
- 2:30 pm Stretch break
- 2:45 pm Come-and-Go
- Runway Modeling Practice – Auditorium
 - Write Modeling Narrative – Auditorium
 - Continue Refashion Project – Individual Workstation
 - Phot Session (with completed garment)
- 3:45 pm Fashion show practice
- 4:30 pm Fashion Show
- 5:00 pm Group Photo & Wrap Up/Evaluation

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WHAT TO BRING

Sewing Supplies

- Sewing machine (with manual if you have it)
- Shears and scissors
- Thread (multiple colors)
- Measuring tape
- Seam ripper
- Seam gauge
- Pin cushion and pins
- Hand sewing needles

Optional

- Safety pins
- Thimble
- Rotary cutter
- Self-healing cutting mat
- Clear gridded ruler
- Fabric marking pens
- Iron
- Ironing board/mat
- Craft paper
- Sketchbook and pencil
- Additional equipment/notions as applicable

Donations

- Gently used clothing/accessories to donate to Good Samaritan Ministries
- Items to donate to the “community” sewing closet – *An area will be set aside at retreat that all participants can utilize to get needed items to complete their Refashion project. These objects do not need to be new, and can include things such as fabric, trims, Velcro, interfacing, patterns, buttons, fusible webbing, zippers, elastic, etc.*

Personal Items

- Accessories – *We will hold a fashion show with the refashioned garments. Bring a variety of shoes, undergarments, jewelry, etc., that could be worn with different types of outfits.*