



**MASTER WELLNESS  
VOLUNTEER PROGRAM**

# Master Wellness Volunteer Program Overview

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<http://agrilife.org/mwv>

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Texas A&M AgriLife Extension provides equal opportunities in its programs and employment to all persons, regardless of race, color, sex, religion, national origin, disability, age, genetic information, veteran status, sexual orientation, or gender identity. The Texas A&M University System, U.S. Department of Agriculture, and the County Commissioners Courts of Texas Cooperating.

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# There's an App for That...

- ...I will represent Texas A&M AgriLife Extension Service and will be called upon to provide educational programs and disseminate educational materials. **I also understand that in this capacity I cannot use my status as a volunteer to promote any personal opinions, business, or services or the opinions or services of other companies or agencies. I must present the research-based information on which Texas A&M AgriLife Extension Service's educational programs and services are based.**



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# Texas (A&M AgriLife Extension) Two Step!

Extension Volunteer Standards (EVS)  
<http://evs.tamu.edu>

AgriLife Learn

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## Overview and Responsibilities

- 40 hours of training
  - Face-to-face
  - Online
  - Self-study
- 40 hour “internship” within the first year
- Participate in 20-hours of service and 10-hours of training annually
- Representative of Texas A&M AgriLife Extension Service
- Use lesson plans and materials available from AgriLife Extension
- Work with and through Agent on program preparation to ensure material is reliable

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## Online Learning, Study Guides, & Exam

- Training is organized into “suites”
- Each lesson in the suite will have an additional learning activity to reinforce the content
- Following each suite are some email discussion prompts
- Study guides help highlight core concepts of each suite
- Exam will assess basic mastery of core concepts
- Pass with 80% or better to continue as an Intern in the Master Wellness Volunteer Program

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## Volunteer Opportunities

- Opportunities may vary, depending on your location, time & interests
  - Direct education
  - Community resource
  - Program support
- Examples
  - Walk Across Texas coordination
  - Food demonstration
  - Health fair
  - Group education for a congregate meal site
- Implement evidenced-based programming through partners
- Work with Agent to design your own volunteer service plan
  - Suggestions by volunteers are welcomed and encouraged but must be approved by Agent before implementing

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MASTER WELLNESS  
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"Working Lives, Improving Texas"

USERS HOURS EMAIL CALENDAR MANAGE GET HELP LOG OUT

HOME ADD HOURS x

New record of Hours + Add

Activity Details

Country \*  
SELECT

Select the country to populate the Name options.

Name \*  
SELECT

Date \*  
MM/DD/YYYY

Activity \*  
SELECT

IS BLTP?  
 Yes  No  
Is this a Better Living for Texans - SNAP-Ed program activity?

IS EFNEP?  
 Yes  No  
Is this an Expanded Food and Nutrition Education Program Activity?

Description  
Optional: Write a brief description of what you did.

Location

City

Zip

Significant Details

## If It's Not Reported, It Didn't Happen

- <http://agrilife.org/mwv>
- Reporting helps capture your great work and the great work of your colleagues, in your county and across the state
- **Monthly reports due by the 2nd of each month**

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## Home, Home on the Web

- <http://agriflife.org/mwv>
- Convenient access to
  - Online courses
  - Reporting
  - Blog



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## MASTER WELLNESS VOLUNTEER PROGRAM

What Questions Would You Like to Ask?

<http://agriflife.org/mwv> | [mwv@ag.tamu.edu](mailto:mwv@ag.tamu.edu)

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