

Resources

- Walk Across Texas: <https://howdyhealth.tamu.edu/programs/walk-across-texas/>
- Better Living for Texans: <https://blt.tamu.edu/>
- Learn, Grow, Eat & Go!: <https://jmgkids.us/lgeg/>
- We Are Outgrown: <https://weareoutgrown.org/>
- Walk with a Doc: <https://walkwithadoc.org/>
- Project Learning Tree: <https://www.plt.org/>
- Earth Day: <https://www.earthday.org/>
- American Hiking Society: <https://americanhiking.org/>
- National Walking Day: <https://newsroom.heart.org/news/take-steps-towards-a-longer-healthier-life-on-national-walking-day>
- Every Kid Outdoors: <https://everykidoutdoors.gov/index.htm>
- Free Passes: <https://www.nps.gov/planyourvisit/veterans-and-gold-star-families-free-access.htm>
- Creating Community Gardens: <https://www.aarp.org/livable-communities/tool-kits-resources/info-2023/creating-community-gardens-download.html>
- Nature's Notebook: <https://www.usanpn.org/nn>
- Families Together in Nature: <https://www.childrenandnature.org/resources/family-group-planning-guide/>
- Park Rx America: <https://parkrxamerica.org/>
- Healthy Trees, Healthy Lives: <https://healthytreeshealthylives.org/>
- Center for Health & Nature: <https://centerforhealthandnature.org/>
- Children in Nature Network: <https://www.childrenandnature.org/>
- iNaturalist: <https://www.inaturalist.org/>
- Seek by iNaturalist: https://www.inaturalist.org/pages/seek_app