



2022 State Training Cohort – Final Session
01 March, 2022
9a – 4p

- 8:30 ZOOM Opens
- 9:00 Reducing Food Waste in the Home
Dr. Jenna Anding, Professor & Extension Specialist
- 9:45 Creating a Culture of Wellness
Mike Lopez, Extension Program Specialist
- 10:30 Break
- 10:45 Path to the Plate
Dr. Julie Gardener, Extension Program Specialist
- 11:30 Working Lunch – Review for Certification Exam
Host County Extension Agent(s)
- 1:00 Expanded Food and Nutrition Program
Chelsea Bishop Smith, Program Manager and Coordinator
- 1:45 Extension Efforts Related to Mental Health and Wellness
Miquela Smith, Extension Program Specialist
- 2:30 Break – ZOOM Session Ends
- 2:45 Refine and Practice Public Speaking Messages
Certification Exam
Discuss Internship Opportunities and Next Steps
- 3:45 Wrap-up and Adjourn