



2021 State Training Cohort – First Session
19 January, 2021
9a – 4p

- 8:30 Open Online Session
- 9:00 Welcome, Family & Community Health Programming, and Importance of Volunteers
Dr. Courtney Dodd, Associate Director for Health, Youth & Families
- 9:30 Creating a Culture of Wellness
Mike Lopez, Extension Program Specialist
- 10:15 Break
- 10:30 Research-/Evidence-based Education & Information
Dr. Mark Faries, Associate Professor & Extension Specialist
- 11:15 Expanded Food and Nutrition Education Program (EFNEP)
Chelsea Bishop Smith, Program Manager
- 11:45 Working Lunch – Discussion: What Extension Looks Like in Our County
Host County Extension Agent(s)
- 1:00 Howdy Health
Mike Lopez, Extension Program Specialist
- 1:45 Diabetes and Hypertension
Danielle Hammond-Krueger, Extension Program Specialist
- 2:30 Break
- 2:45 Learn, Grow, Eat, & GO
Lisa Whittlesey, Extension Program Specialist
- 3:30 Wrap-up and Adjourn