

Walk Across Texas!
Helpful Links from Master Wellness Volunteer Training

<http://www.countyhealthrankings.org/>

<http://physicalactivitysociety.org/category/webinars/>

<https://americawalks.org/category/resources/webinars/>

<http://walkacrosstexas.tamu.edu/>

<https://howdyhealth.org/programs/>

<http://physicalactivitysociety.org/2019/01/14/messages-for-physical-activity-with-michelle-segar/>