

FOOD · FASHION · FITNESS · FUN ARTS & CRAFTS


STAY CONNECTED

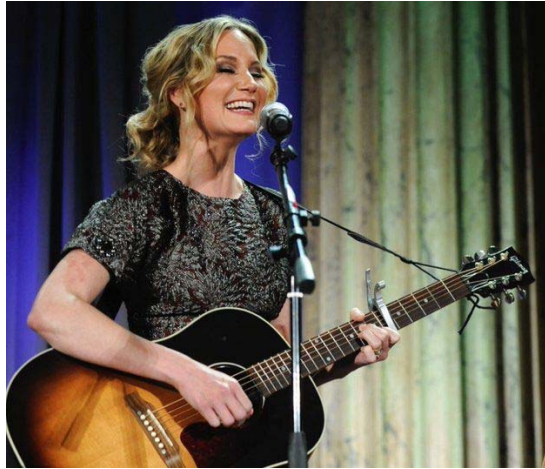
Clover Stem

Liberty County

4-H FCH Project News

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Visit our website: liberty.agrilife.org Click on the “4-H” Tab



“4-H encourages kids to explore and find their passion. I think that’s important because that – having passion – is what creates a great leader.”

-Jennifer Nettles



Progress with Protection



2020-2021

Faculty and Staff of Texas A&M AgriLife Extension Office of Liberty County strive to continue to provide educational resources & opportunities to adult leaders and youth during this challenging time.

Time to Show Off Your Talent!



Due to this continuing health situation a VIRTUAL Contest Opportunity will be offered to Liberty County 4-H Clover kids and members to showcase and participate in the County Food & Fashion Show, Public Speaking, Craft and Performing Arts Talent Show.

- \$4 Entry Fee ; Limit 1 entry per division. (Max 4 entries)
- County Entry Form Available online and Due 2/26
- Additional Forms and Video Entry Submission Online Due 3/1
- Awards provided and a possible opportunity to advance to District level 4-H Contests.

Must be registered as a Liberty County 4-H member for Liberty County (Not too late to join!)

<https://agrilife.org/liberty4h/>

All Entries Due by February 26th!

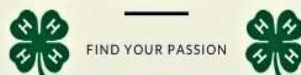
Contact the Extension Office if you have questions. (936) 334-3230

SAVE THE DATE... April 29th—May 1st, 2021

District 9 Round-Up “BIG TIME IN D9”

Showcase of 4-H project knowledge and talent through educational presentations, public speaking, poetry/prose, musical and instrumental, solo/band, choreographed routines, skits and food & fashion show.

4-H VIRTUAL VISUAL ARTS



Learn about sketching, drawing, and designing your own artistic creations by visiting Grayson County Virtual Visual Arts Program!

<https://grayson.agrilife.org/vva/>

EXPLORE

FOOD AND NUTRITION PROJECT



Keep Food Safe

The Texas 4-H Explore series allows 4-H volunteers, educators, members, and youth who may be interested in learning more about 4-H to try some fun and hands-on learning experiences in a particular project or activity area. Each guide features information about important aspects of the 4-H program, and its goal of teaching young people life skills through hands-on experiences. Additionally, each guide contains at least six learning experiences, which can be used as a project guide, or as activities for six different 4-H meetings.

This EXPLORE booklet is on "Keeping Food Safe" Complete the 6 lessons and fill out the evaluation at the end and email it to Alexis Cordova, ancordova@ag.tamu.edu and receive *3 points on your Award Point log!* [Click here or on picture to download the EXPLORE Booklet!](#)

http://texas4-h.tamu.edu/wp-content/uploads/explore_food_nutrition_keeping_food_safe.pdf

Open Family and Community Health Educational Presentation -

A 4-H educational presentation is a fun way to share your 4-H Fashion and Interior Design project, Food & Nutrition project, Arts & Crafts project, or more.



Educational presentations can be by yourself or with a friend. The 4-H Educational Presentation competition takes place at 4-H roundup each year ([District 9 Big Time in D9](#)). Public Speaking is also offered with this contest Division. Learn more about educational presentations at

<https://d94-h.tamu.edu/eventsandcontests/bigtime/educational-presentations/>

Liberty County 4-H Community-Wide Service Project Handmade Valentine's Day Cards for Quarantined Cuties!



2021 Liberty County 4-H Community-Wide Service Project

asks 4-H members to make handcrafted, personal Valentine's Day cards and drop them off at the Extension Office (outside delivery basket) or mail them to 501 Palmer Ave. Liberty, TX 77575 **by Feb. 4th**. All Valentine's cards submitted will be delivered to residents of assisted living facilities around the county on Valentine's Day.

Participation = 1 point for 10 cards for 2020/21 4-H Awards Point Log



Follow the District 9 4-H News on Facebook

<https://www.facebook.com/District94h/>



TALENT IS EVERYWHERE. OPPORTUNITY IS NOT.



NEW! 2021 Liberty County 4-H 5K Run/Walk is a Virtual race event that will take place in **March**. Instead of coming together in a big group setting, you will run or walk at home, in your neighborhood, a park, etc. during a two week time period and still compete for an award! Everyone participating in the Virtual 5K will receive a "Liberty 4-H Fitness" race medal.

Participation = 1 point for 4-H members

Visit <https://liberty.agrilife.org/liberty-county-4-h/5k/> or on the picture for registration information and entry form.