



Check Sheet

Name Demo Student County Demo County District 8
 Age Division Senior Category Natural Resources

ITEM	REQUIRED	COUNTY	DISTRICT	STATE
1. Check Sheet				
2. Personal Information Page	<ul style="list-style-type: none"> • Appropriate Signatures • Entered in correct age division 			
3. 4-H Story & Photo Portfolio	<ul style="list-style-type: none"> • Typed • Double spaced • No smaller than 10-point font • Correct page limit (<i>Junior-8, Intermediate 10, Senior 10</i>) 			
4. Texas 4-H Report Form	<ul style="list-style-type: none"> • All pages included • No additional pages 			
INITIALS OF CHECKER →				

This Check Sheet will be the first page at the front of your Texas 4-H Record Book. This same Check Sheet will be used at all levels of judging.



Personal Information Page 2019-2020

Name Demo Student County Demo County District 8

Age Division Senior Category Natural Resources

Number of years in 4-H 8 Number of years in Main Project 8
(excluding Clover Kid years)

Address 1234 Hwy 1234 Home Phone 123-456-7890

City, State, Zip Demo, TX 76543 Mobile Phone 123-456-7890

Best Email demostudent@demo.com

Date of Birth 07/14/2005 School Grade 10

Place of Residence

- Farm/Ranch
- Rural area or Town less than 10,000
- Town or City of 10,000 to 50,000
- Suburb or City of more than 50,000
- Central city of more than 50,000

Name of your 4-H Club or Group Demo 4-H Club

Number of members in your 4-H Club or Group 100

4-H Member Signature _____ Date _____

Parent Signature _____ Date _____

CEA Signature _____ Date _____



2019-2020

Texas 4-H Record Book Report Form

SECTION I – 4-H PROJECT EXPERIENCES

4-H Project Summary and Learning Experiences – What is your project? How did your project change or grow? What have you done and what have you learned? You can include learning experiences gained in other youth/community organizations but applicable to the 4-H project. Individually-directed project learning experiences are also acceptable. Include up to 4 projects, current year and up to three preceding 4-H years (up to two preceding years for Juniors). Maximum page limits: Junior - 2 pages; Intermediate – 3 pages; Senior – 4 pages.

Example 1:

Project Name	<u>Major Milestones, Knowledge & Skills</u>
Years in project: 2018-??	<ul style="list-style-type: none"> • <i>Example:</i> Through monthly team practices, self-study, and competitions, learned to identify all types of North American wildlife, skulls, pelts, calls, tracks, etc., as well as how to create optimal habitat for those animals through wildlife management practices. Prepared for contests: National 4-H Shooting Sports Championships, Texas 4-H State Games, State Fair of Texas, Fort Worth Stock Show, Wildlife Challenge State Round Up. 2016-2020, L, C, S, N
Levels of Participation: (CL=Club, C=County, S=State, N=National, I=International)	
# Competitions:	
# Presentations:	
# Project hours:	
Personal Impact: <i>Example:</i> <ul style="list-style-type: none"> • <i>Inspired lifelong passions for wildlife, hunting, and outdoorsmanship</i> 	

Project Name	<u>Major Milestones, Knowledge & Skills</u>
Years in project: 2018-??	<ul style="list-style-type: none"> • <i>Example:</i> Through monthly team practices, self-study, and competitions, learned to identify all types of North American wildlife, skulls, pelts, calls, tracks, etc., as well as how to create optimal habitat for those animals through wildlife management practices. Prepared for contests: National 4-H Shooting Sports Championships, Texas 4-H State Games, State Fair of Texas, Fort Worth Stock Show, Wildlife Challenge State Round Up. 2016-2020, L, C, S, N
Levels of Participation: (CL=Club, C=County, S=State, N=National, I=International)	
# Competitions:	
# Presentations:	
# Project hours:	
Personal Impact: <i>Example:</i> <ul style="list-style-type: none"> • <i>Inspired lifelong passions for wildlife, hunting, and outdoorsmanship</i> 	



Example 2:

Project 1: (How many years in project)

Description	Year	How many?	Level (L,C,D, S, N, I)

What have you learned?	Year	Hours Spent	Level (L,C,D, S, N, I)

SAMPLE



2019-2020

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SECTION II – 4-H LEADERSHIP EXPERIENCES

List what you did to assist others throughout this 4-H year. Also include general leadership such as Club Officer, 4-H County Council, or County Committees. Include elected/appointed, volunteer, and promotion leadership. Leadership Role: E-elected, A-appointed, V-volunteer, P-promotional. Level: Cl-club, Co-county, D-district, S-state, N-national, I-international. Include current year and up to 3 preceding 4-H years of activities (up to 2 preceding 4-H years for Juniors). Entry and page limits: Junior – 10 entries and 1 page; Intermediate – 15 entries and 2 pages; Senior – 25 entries and 3 pages.

	Year	Leadership Activity	Role (E, A, V, P)	Level (Cl, Co, D, S, N, I)	Responsibilities / Duties / Accomplishments
1	Example				
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3	2019-2020	Treasurer Shooting Sports Club	E	CL	Worked with my club manager to manage the club finances and present financial reports at each meeting. Learned: Money management skills, communication skills, budgeting, team building
4	2019-2020	Junior Archery Coach	V	CL, Co	Helped coach archery twice a month at 4-H practice. Helped set up and take down equipment at each practice. Taught archery lesson at monthly meeting. Taught archery at a summer 4-H camp in Hill County. Gave an archery demonstration and lesson to promote 4-H at the public library in Waxahachie. Learned: Patience, communication skills, how to work with people with different learning styles.
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2019-2020

Texas 4-H Record Book Report Form

SECTION III – 4-H COMMUNITY SERVICE

List community service or service learning projects that might include: clean ups, collections, repairs, construction, care packets, visitations, education, donations, presentations, etc. Your Role: Y-Yourself, M-Member of a Group, P-Primary Leadership. Include current year and up to 3 preceding 4-H years of activities (up to 2 years preceding 4-H years for Juniors). Entry and page limits: Junior – 10 entries and 1 page; Intermediate – 15 entries and 2 pages; Senior – 25 entries and 3 pages.

	Year	Your Role (Y, M, or P)	Service Activity	Importance and Impact
1	Example			
2	Example			
3	2017-2019	P	Law Enforcement Goodie Bags	Donated granola bars, water, Chapstick and other useful items and assembled snack packs then delivered to local police stations. Importance: In these strange times where police are getting ambushed and portrayed as bad guys in the media, it was important to me and my club members to show them we appreciate their service. Impact: We were able to deliver bags to 4 police stations throughout our county. Over 200 bags were made and delivered.
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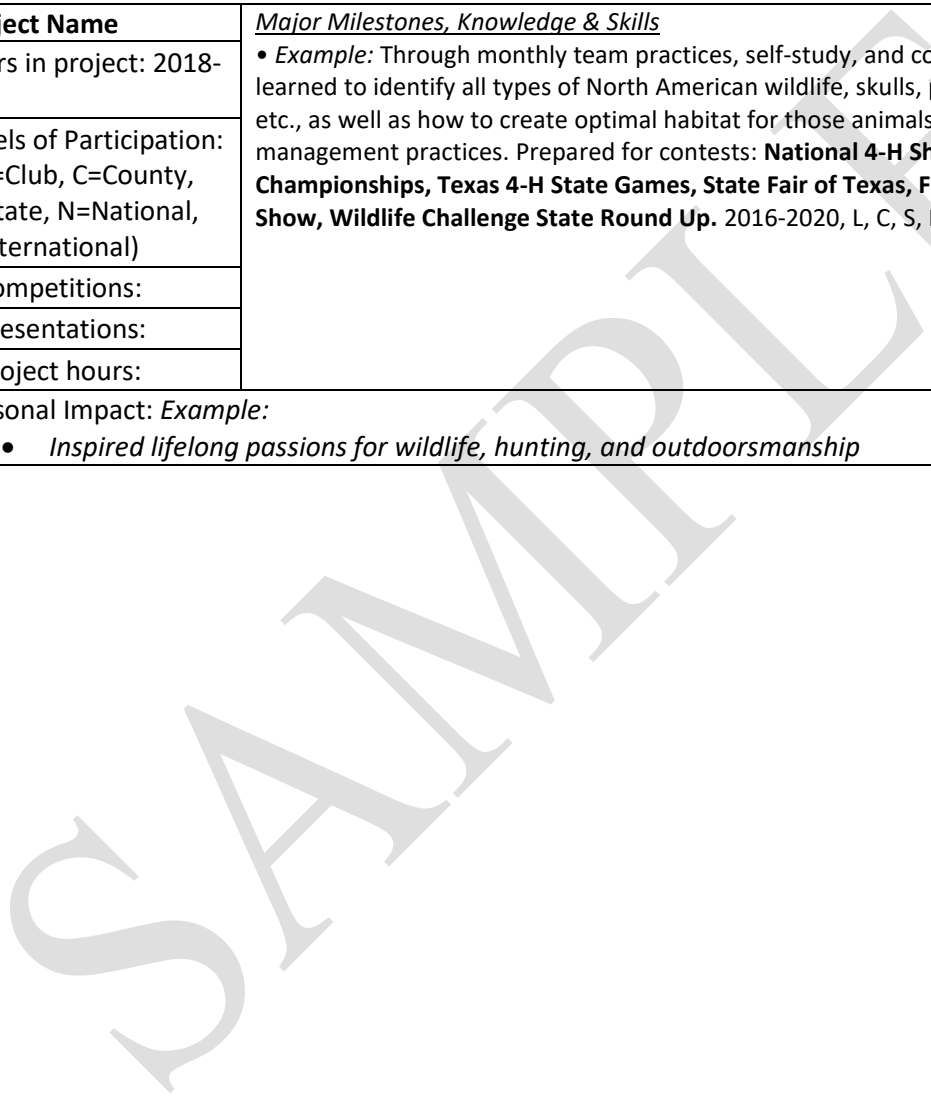
2019-2020

Texas 4-H Record Book Report Form

SECTION IV – OTHER 4-H PROJECTS

List any 4-H project(s) not listed in Section I, include number of years and summarize participation. **Include current year and up to 3 preceding 4-H years of activities (up to 2 preceding 4-H years for Juniors). and any number of projects. Limit to 1 page (Juniors) Limit to 2 pages (Intermediates & Senior).**

Project Name	<u>Major Milestones, Knowledge & Skills</u>
Years in project: 2018-??	<ul style="list-style-type: none"> • <i>Example:</i> Through monthly team practices, self-study, and competitions, learned to identify all types of North American wildlife, skulls, pelts, calls, tracks, etc., as well as how to create optimal habitat for those animals through wildlife management practices. Prepared for contests: National 4-H Shooting Sports Championships, Texas 4-H State Games, State Fair of Texas, Fort Worth Stock Show, Wildlife Challenge State Round Up. 2016-2020, L, C, S, N
Levels of Participation: (CL=Club, C=County, S=State, N=National, I=International)	
# Competitions:	
# Presentations:	
# Project hours:	
Personal Impact: <i>Example:</i>	<ul style="list-style-type: none"> • <i>Inspired lifelong passions for wildlife, hunting, and outdoorsmanship</i>





2019-2020

Texas 4-H Record Book Report Form

SECTION V – 4-H RECOGNITION AND AWARDS

List 4-H recognition and awards. Level CI-Club, Co-County, D-District, S-State, N-National, I-International. Include current year and up to 3 preceding 4-H years of activities (up to 2 preceding years for Juniors). Entry and page limits: Junior – 10 entries and 1 page; Intermediate – 15 entries and 2 pages; Senior – 25 entries and 3 pages.

#	Year	Level (CI, Co, D, S, N, I)	Recognition	Importance to You
1	Example			
2				
3				
4	2019	S	Texas 4-H State Round Up Indoor Archery, 1st place compound intermediate	I am most proud of this win over all other shooting sports wins, because, it was my first time to ever win a state level event, it was my first time to ever go to Texas 4-H Round Up, and, to this date it is still the highest I've ever scored!
5	2018	Co	Ellis County Youth Expo, 2 nd Place Market Goat (<i>out of 30 goats</i>)	I set a goal this year to make the sale with my goat, and this placing meant that I accomplished that goal!
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2019-2020

Texas 4-H Record Book Report Form

SECTION VI – NON-4-H ACTIVITIES

List leadership, community service, awards, and recognition from other activities such as school, church, and other community organizations. Include current year and up to 3 preceding 4-H years of activities (up to 2 preceding years for Juniors). Limit to 1 page.

EXAMPLE-Organization (Year Range)

- Offices Held
- Leadership skills gained
- Competitions
- Service Activities
- Awards Earned

Another Example way of doing this:

Years of Involvement	Organization	Leadership, Awards, and Service Activities	Personal Impact
2016-2020	FFA	<p>Leadership:</p> <ul style="list-style-type: none"> • Chapter President (2019-2020) • Chapter Secretary (2018-2019) • Greenhand Secretary (2016-2017) <p>Awards:</p> <ul style="list-style-type: none"> • Outstanding Ag Mechanics Showman of the Year Italy FFA (2018-2019) • Proficiency Award in Agricultural Mechanics Design and Fabrication (2018-2019) • 1st place in Ag Mechanics Wildlife category and division at Ellis County Stock Show (2018-2019) • 1st place Ag Mechanics in farm implement division at Ellis County Stock Show (2017-2018) • Blue ribbon for craftsmanship at Blinn College Ag Mechanic Show (2017-2018) • Earned Chapter FFA Degree for 2nd year FFA members (2017-2018) • Greenhand Award (2016-2017) <p>Service Activities:</p> <ul style="list-style-type: none"> • Canned good collection (2019-2020) • BINGO at the Nursing Home (2017-2020) 	<p>FFA and ag classes were a natural choice for me at Italy High School. I really enjoy welding and Ag Mechanics projects which has led to me starting my own business, Hinz Welding. I specialize in small repair projects, but also build fence and sheds. At one point I even thought about getting a technical degree in welding. It is a skill that will last me throughout life and contribute to a career in agriculture/wildlife.</p> <p><i>Other FFA Contributions and Experiences:</i></p> <ul style="list-style-type: none"> • Built auction item for Wildgame Dinner that raised money for Italy FFA • Built FFA float for the homecoming parade • Learned about bee keeping while competing in Agricultural Skills Demonstration



Example 3:

Leadership Type	Responsibilities / Duties / Accomplishments	People Reached/Hours Spent	Level (L,C,D, S, N, I)

Community Service Type	People Reached/Hours Spent	Level (L,C,D, S, N, I)

Award Type	Placing	Level (L,C,D, S, N, I)



2019-2020

Texas 4-H Record Book Report Form

SECTION VII – COLLEGE & CAREER EXPLORATION

Please answer the following question before completing the required portion of the table.

As of today, what career would you choose? _____ Put your answer here

List activities that have helped you learn more about careers or the necessary education to enter a career. Examples of activities include: interviews, tours, job shadowing, research, mentoring, work experience, skill development, course work, etc. Include current year and up to 3 preceding 4-H years of activities (up to 2 preceding years for Juniors). Entry and page limits: Junior – 10 entries and 1 page; Intermediate – 15 entries and 1 page; Senior – 15 entries and 2 pages.

	Year	Activity Title	What did you learn or do?
1	2016	Visited Tarleton State University during Ag Product ID Contest	I toured their new Agricultural Mechanics building. I learned about the very cool tools and equipment they have there.
2	2018	Visited Texas A&M University during the Livestock Judging Contest	I toured the Animal Science Building and was able to speak to a couple of the professors and students in that department.
3	2017	Visited with Livestock Manager at PH Genetics	I learned that being a livestock manager means wearing a lot of different hats.
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