

D8 4-H NUTRITION QUIZ BOWL

District Contest Information

Event Date: Saturday, February 23, 2019
Agents arrive at 12:30 pm

Schedule: 1:00 – 1:30 pm Registration
1:30 – 1:45 pm Orientation
1:45 pm Contest Begins (or immediately following Orientation)
Awards Presentation will be immediately following the final round.

Lunch will NOT be provided for contestants. *There are very few restaurants nearby the facilities. Please plan to bring your own lunch or snacks if you plan to participate in both the Consumer Decision Making Judging Contest and the Nutrition Quiz Bowl contest.*

Location: McLennan Community College Emergency Services Education Center
7601 Steinbeck Bend Road, Waco, TX 76708
<http://www.mclennan.edu/emergency-services-education/>
254-299-6502

Resources: <https://texas4-h.tamu.edu/wp-content/uploads/2019-Quiz-Bowl-Study-Guide.pdf>

Entry All entries will be completed on 4-H Connect at <https://texas.4honline.com/>.

Deadline: Contact your County Extension Agent for county specific deadlines:
<http://counties.agrilife.org/>

Entry Fee: \$10 per member

Late Entries: Late entries will be permitted with an additional:

- \$20 late fee per 4-H member up to 60 hours after the regular contest deadline.
- \$50 late fee per 4-H member after 60 hours, but up to the time of check-in on-site at an event

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Contest Rules & Guidelines

- Participation.** Participants must be 4-H members currently enrolled in a Texas 4-H and Youth Development county program and actively participating in the Food and Nutrition project.
- Age Divisions.** Age divisions are determined by a participant's grade as of August 31, 2018 as follows:

Division	Grades	
Junior/Intermediate	3*, 4, 5, 6, 7, or 8	<i>*Must be at least 8 years old</i>
Senior	9, 10, 11, or 12*	<i>*Must not be older than 18 years old</i>

There will be two age divisions: Junior/Intermediate and Senior.

- Teams per county.** There is no limit to the number of teams a county may enter per age division.



Teams Advancing to Texas 4-H Roundup. Only Senior teams may advance to state. Each district may enter a maximum of three (3) teams at state. The state Nutrition Quiz Bowl is scheduled for Tuesday, June 11, 2019 in College Station.

- Members per team.**

Junior/Intermediate Age Division. Each team will have at least three (3) and no more than four (4) members. Teams may not include members from different age divisions. See rule #2.



Senior Age Division. Each team will have only four (4) members. Teams may not include members from different age divisions. See rule #2.

- Substitution of Team Members.** Substitution of team members should only be made if necessary. Only the same number of 4-H members qualifying at the county level will be eligible to participate at the district level.

Only one (1) team member may be substituted if it is a three-member team. *(This rule applies to the Junior/Intermediate age division only.)*

No more than two (2) team members may be substituted if it is a four-member team. The substitute 4-H member must have participated in the county food and nutrition project to be eligible.

- Resource Materials.** Resource materials are listed in the Texas 4-H Nutrition Quiz Bowl Study Guide which can be found at: <https://texas4-h.tamu.edu/wp-content/uploads/2019-Quiz-Bowl-Study-Guide.pdf>.



The general guidelines for conducting a quiz bowl can be found in the Texas 4-H Quiz Bowl Guide at <https://texas4-h.tamu.edu/quiz/>. Please review the Texas 4-H Quiz Bowl Guide as there have been many updates.

- Awards.** The top three high scoring teams in each age division will be recognized as they are eliminated.

Senior Age Division only. Individual awards will be given to the top five participants earning the highest points individually.

Scoring will follow the procedures as outlined by the current version of the Texas 4-H Quiz Bowl Guide.

8. **Youth with disabilities.** Any competitor who requires auxiliary aids or special accommodations must contact the District Extension Office at least 2 weeks before the competition. Contact Sara Thetford or Laura Huebinger at the District Office at (254) 968-4144 extension 211.