### 2018 Guadalupe County Fair Food Challenge

Sunday, October 14th, Seguin Coliseum, Fairgrounds

### **Schedule**

**Deadline** for entries is **Friday**, **October 5** (limited to first 20 entries)

Schedule: 1:00 pm Check in (Seguin Coliseum)

1:30 pm Contest Begins

2:15 pm Presentation to judges

Awards follow the judging

### Entry fee

\$20 per team entry

### **Guidelines**

An entry includes a team of up to four youth in grades 3-12. Teams may come from schools, churches, 4-H, etc.

There will be a Junior category (grades 3-5), Intermediate category (grades 6-8) and Senior category (grades 9-12). Team entry will be determined by oldest team member.

There will be four food categories in each age division at the contest: Main Dish, Fruits and Vegetables, Bread and Cereal, and Nutritious Snacks. Teams will be randomly assigned to a category and will get their assignments when they check into the contest.

Teams must provide their own supply box of equipment and other items listed on the supply list attached.

Teams may NOT SHARE supply boxes. Teams will be provided the following items at the contest:

- Food ingredients
- The recipe ingredient list and the food category
- Receipt
- Copy of the Food Challenge Worksheet
- Notebook with the printed resources (reference food challenge manual)

During the 40 minute cooking time, team members will be required to prepare the dish, determine its nutritional value, service size, etc. and prepare a five minute presentation for the team members to present to the judge!

For more information, call Charla Bading at 830-303-3889 or email: <a href="mailto:c-bading@tamu.edu">c-bading@tamu.edu</a>

# **2018 Guadalupe County Fair Food Challenge**

Sunday, October 14th, Seguin Coliseum, Fairgrounds

# **Entry Form**

Junior	Intermediate	Senior
Coach:		
Team members:		
1		Grade

Please mail entry form and \$20 payment to (payment must be received with entry form):

Charla Bading 210 E. Live Oak Seguin, TX 78155

Make check payable to: Guadalupe County 4-H

### **IUNIOR Supply Box List**

Each team will bring an equipment box containing **only one** each of the following items, unless a different quantity is noted:

Beverage glass Liquid measuring cup (2 Cup Size)

Bowls Measuring spoons (1 set)

• Dip Size (1)

Mixing (2) Note cards (1 package - no larger than 5 X 7)

• Serving (1) Paper towels (1 roll)

Calculator Pencils (no limit)

Can Opener Plastic box and trash bag for dirty equipment

Cookie sheet Potato masher

Colander Potato peeler

Cutting Boards (2) Sanitizing wipes (1 container)

Disposable tasting spoons (no limit)

Serving platter

Dry measuring cups (1 set)

Serving utensil

First aid kit Skewers (1 set)

Fork Spatulas (2)

Gloves Stirring spoon

Grater Storage bags (1 box)

Hand sanitizer Tongs

Kitchen shears (1 pair) Whisk

Kitchen timer

Knives (2) \*\*\*Gadget of the Year: Melon Baller

#### **INTERMEDIATE Supply Box List**

Each team will bring an equipment box containing **only one** each of the following items, unless a different quantity is noted:

Beverage glass Knives (2) **Bowls** Liquid measuring cup (2 cup size) • Dip Size (1) Measuring spoons (1 set) • Mixing (2) Serving (1) Non-stick cooking spray Calculator Note cards (1 package - no larger than 5 X 7) Can Opener Paper towels (1 roll) Cookie sheet Pancake turner Colander Pencils (no limit) Cutting Boards (2) Plastic box and trash bag for dirty equipment Disposable tasting spoons (no limit) Potato masher Dry measuring cups (1 set) Potato peeler Electric Skillet Sanitizing wipes (1 container) Extension cord Serving platter First aid kit Serving utensil Food thermometer Skewers (1 set) Fork Spatulas (2) Gloves Stirring spoon Grater Storage bags (1 box) Hand sanitizer **Tongs** Hot pads (up to 5) Whisk Kitchen shears (1 pair)

\*\*\*Gadget of the Year: Melon Baller

Kitchen timer

#### **SENIOR Supply Box List**

<u>Each team will bring an equipment box containing **only one** each of the following items, unless a different quantity is noted:</u>

Beverage glass Measuring spoons (1 set)

Bowls Non-stick cooking spray

• Dip Size (1)

Mixing (2)
 Note cards (1 package - no larger than 5 X 7)

• Serving (1)

Calculator Paper towels (1 roll)

Can Opener Pancake turner

Cookie sheet Pencils (no limit)

Colander Plastic box and trash bag for dirty equipment

Cutting Boards (2) Pot with lid

Disposable tasting spoons (no limit)

Potato masher

Dry measuring cups (1 set)

Potato peeler

Electric Skillet Sanitizing wipes (1 container)

Extension cord Serving platter

First aid kit Serving utensil

Food thermometer Skewers (1 set)

Fork Skillet with lid

Gloves Spatulas (2)

Grater Stirring spoon

Hand sanitizer Storage bags (1 box)

Hot pads (up to 5) Tongs

Kitchen shears (1 pair) Two single-burner hot plates *OR* one double-

burner plate (electric only!)

Kitchen timer

Whisk

\*\*\*Gadget of the Year: Melon Baller

Liquid measuring cup (2 cup size)

Knives (2)