TEXAS A&M AGRILIFE EXTENSION

BELL COUNTY 4-H

FAMILY HANDBOOK

2016-2017

Updated 7-21-2016

The members of Texas A&M AgriLife will provide equal opportunities in programs and activities, education, and employment to all persons regardless of race, color, sex, religion, national origin, age, disability, genetic information, veteran status, sexual orientation or gender identity and will strive to achieve full and equal employment opportunity throughout Texas A&M AgriLife. The Texas A&M University System, U.S. Dept. of Agriculture, and the County Commissioners Courts of Texas Cooperating.

TABLE OF CONTENTS

Bell County Extension Staff…..…….…….....3

Bell County 4-H Clubs.....……..……4

4-H Help Desk.....6

4-H Motto, Pledge, Prayer & Creed…….…….…….7

4-H “411"……..…….8

Who’s Who In 4-H.....9

4-H Enrollment Guidelines…….....……...11

Age Divisions…….....12

4-H Projects…...……..13

Project Selection Guide.....14

Steps to Showing A 4-H Livestock Project & 4-H Contests.....18

Definition of 4-H Terms.....21

State 4-H Opportunities……..……22

National 4-H Opportunities.....22

Texas 4-H Record Keeping System…..……..……....23

Extracurricular Activities & 4-H Eligibility Issues.....24

Dress Code.....25

4-H Parents……...26

Bell County 4-H Awards & Recognition…….27

Senior Awards……..28

Adult Leader Awards…….....30

Bell County 4-H Calendar 2015-2016…….31

BELL COUNTY EXTENSION OFFICE

1605 North Main, Room 102 Belton, TX 76513
Phone: 254-933-5305 Fax: 254-933-5312
1-800-460-2355, Ext. 5305
http://agrilife.org/bell4h/

EXTENSION STAFF

Lyle Zoeller
County Extension Agent
Agriculture

Sheryl Raley
County Extension Agent
4-H Youth Development

Jackie McLaughlin
County Extension Agent
Family and Consumer Sciences

Sheryl Austin
Extension Agent - CEP
Family and Consumer Sciences

Emma Merlot
Better Living for Texans
Program Assistant

Whitney Grantham
County Extension Agent
Natural Resources

SUPPORT STAFF

Tonya Elliott
4-H Program Assistant

Janice Runyon
FCS/NR Secretary

Scarlot Barreras
Receptionist

Pam Reavis
Youth Fair Secretary

Bell County is a member of District 8
Texas AgriLife Extension Research Center
Donald Kelm, District Extension Administrator
Laura Huebinger, District 8 Specialist-4-H and Youth Development
Chris Boleman, Director - Texas 4-H Program

COUNTY COMMISSIONERS COURT

County Judge.....Jon H. Burrows
Commissioner, Precinct 1.....Richard Cortese
Commissioner, Precinct 2.....Tim Brown
Commissioner, Precinct 3.....Bill Schumann
Commissioner, Precinct 4.....John Fisher

The members of Texas A&M AgriLife will provide equal opportunities in programs and activities, education, and employment to all persons regardless of race, color, sex, religion, national origin, age, disability, genetic information, veteran status, sexual orientation or gender identity and will strive to achieve full and equal employment opportunity throughout Texas A&M AgriLife. The Texas A&M University System, U.S. Dept. of Agriculture, and the County Commissioners Courts of Texas Cooperating.

2016-2017 BELL COUNTY 4-H CLUBS

Club	Club Manager(s)	Meeting Date and Time	Meeting Place
4-His Glory (Community Club)	De Castillo joendecastillo@hotmail.com	3rd Friday, 2:00 p.m.	CEO - Belton
Christian Youth 4-H Club (After School Club)	Donna Lawless 719-660-4809 donna.lawless@ag.tamu.edu Kristy Morgan showpig2.km@gmail.com	Every Wednesday, 4:00 p.m.	First Baptist Church Rogers
4-H Clover Kids (Project Club)	Dawn Brown 254-231-8252 bc4hcloverkids@yahoo	See Clover Kid Website for Calendar of events: http://agrilife.org/bell4h/4-h-activities/clover-kids/	TBD
Bell County 4-H Exchange (Project Club)	Kathy Ide 254-493-2548 ckide3@yahoo.com Alyson Crow 254-931-7100 alcrow96@hotmail.com	3rd Sunday, 1:30 p.m.	Rogers High School Carol A Bonds Building
Hares and Hounds 4-H Club (Project Club)	Cindy Buckner 254-780-9515 cbuckner@hot.rr.com Sue Dorn 254-289-6317 suedorn@live.com	2nd & 4th Thursday, 6:30 p.m.	Abiding Savior Church, Killeen
HH 4-H Club (After School Club)	CJ Lucksinger 254-289-9656 Cj.lucksinger@killeenisd.org Julie Smith 254-383-7797 Julie.smith@killeenisd.org	1st & 3rd Monday, 4:30 p.m.	Harker Heights High School
Holland 4-H Club (Community Club)	Evelyn Steglich 254-718-4983 esteglich@brc.tamus.edu Kristi Dague 254-642-0318 ut1990@hotmail.com	Sundays at 5:00p.m. Aug 18, Sept 18, Oct 16, Nov 20, Dec 11, Jan 15, April 9, & May TBD	Kulhmann Center, Holland
Bell 4-H Horse Club (Project Club)	Shawn Campbell 254-718-4334 shawnjetcpa@yahoo.com Jeanette Abbe 254-718-4938 A8Ranch@yahoo.com	2nd Tuesday, 7:00 p.m.	TLRC Riding Arena or Jeanette's House

2016-2017 BELL COUNTY 4-H CLUBS

Club	Club Manager(s)	Meeting Date and Time	Meeting Place
Maxdale 4-H Club (Community Club)	Pam & Mike Knapp h. 254-628-9890 c. 254-290-4710 Pamela.Knapp@killeenisd.org Mike.Knapp@killeenisd.org	2nd Wednesday, 7:00 p.m. No meeting in February & March	Maxdale Cowboy Church
Oenaville 4-H Club (Community Club)	Tricia Mackie- h. 254-584-1300 c. 254-721-2983 ranchag@vvm.com Cari Sultemeier- 254-654-5434 cari.sultemeier@troyisd.org	1st Monday, 6:30 p.m.	Oenaville Community Center (located around the Fire Department & Cemetery)
Rogers 4-H Club (Community Club)	Kimberly Doskocil 254-760-8476 kmdoskocil@hotmail.com Kathy Ide 254-493-2548 ckide3@yahoo.com	3rd Sunday, 2:30 p.m.	Rogers High School Cafeteria
Salado 4-H Club (Community Club)	Amy Dawson dominodouble6@gmail.com 254-721-4544 Missie Steigerwalt Missie.steigerwalt@gmail.com 610-368-9887	1st Tuesday 6:00pm	Salado Intermediate Cafeteria
Stampede Creek 4-H Club (Community Club)	Jammie Payne 254-295-6646 pljammie@yahoo.com Curtis Payne 254-718-0698	1st Tuesday, 6:00 p.m. No meeting in February	Lakeview Baptist Church Belton
Tigertown 4-H Club (Community Club)	Nita Culp 254-661-1679 nitaoculp@yahoo.com Barbara Wood 254-624-6507 woodbtwice@gmail.com	3rd Monday, 7 p.m. No meeting in February	First United Meth-odist Church Gym 205 E 3rd Ave Belton
Trimmier 4-H Club (Community Club)	Sue Butler 254-289-4604 suebutler1260@yahoo.com Brandy Hilliard 254-291-0695 gbhilliard@aol.com	1st Monday, 7 pm	Big Hoss BBQ, Trimmier Rd.
Unincluded Club (Project Club)	Doree Collins 254-217-2635 doree.collins@gmail.com		Impact Temple 306 East Adams Ave. Temple

4-H HELP DESK

There are many times when 4-H youth or adults need assistance in accomplishing a particular feat or objective. Whether one needs help completing an on-line form or selecting swine for the season's shows, the following people are willing to assist you. Please do not expect them to do everything for you, but feel free to use their knowledge and experience to enlighten you on a subject or project.

SUBJECT	WHO TO CONTACT	PHONE	EMAIL
4-H Connect	Sheryl Raley	254-933-5305	siraley@ag.tamu.edu
Stock Show Registration (s)	NR Agent	254-933-5305	
Local/County/State/National Events	Sheryl Raley	254-933-5305	siraley@ag.tamu.edu
Volunteer Background Checks	Sheryl Raley	254-933-5305	siraley@ag.tamu.edu
Scholarships	Sheryl Raley	254-933-5305	siraley@ag.tamu.edu
Contests– FCS, Shooting Sports, Photography and Leadership	Sheryl Raley	254-933-5305	siraley@ag.tamu.edu
Contests– AG	NR Agent	254-933-5305	
Contests– Horse	NR Agent	254-933-5305	
Camps/Retreats	Sheryl Raley	254-933-5305	siraley@ag.tamu.edu
Bell County Youth Fair	Pam Reavis	254-933-5305	pcreavis@ag.tamu.edu
Recordbooks	Sheryl Raley	254-933-5305	siraley@ag.tamu.edu
4-H Website, Facebook, Twitter	Sheryl Raley	254-933-5305	siraley@ag.tamu.edu
Club Management	Sheryl Raley	254-933-5305	siraley@ag.tamu.edu

PROJECT	WHO TO CONTACT	PHONE	EMAIL
Swine	NR Agent	254-933-5305	
Goats	NR Agent	254-933-5305	
Rabbits	NR Agent	254-933-5305	
Horse	NR Agent	254-933-5305	
Shooting Sports	Curtis Payne	254-295-2421	C2payne@Yahoo.com
Nutrition/Healthy Lifestyles	Jackie McLaughlin	254-933-5305	jackie.mclaughlin@ag.tamu.edu
Clothing	Jammie Payne	254-295-6646	pljammie@yahoo.com
	Tasha Heisch	254-933-0203	tashaheisch@gmail.com
Leadership (Leaders4Life)	Jan Stone	254-654-2549	rollingstonemom@gmail.com
Consumer Decision Making	Barbara Wood	254-939-7345	woodbtwice@gmail.com
	Sheryl Raley	254-933-5305	siraley@ag.tamu.edu
County Council	Dawn Brown	254-231-8252	bellcounty4hcouncil@ymail.com
Ambassadors	Sheryl Raley	254-933-5305	siraley@ag.tamu.edu
Dog	Cindy Buckner	254-760-0617	cbuckner@hot.rr.com
Photography	Elizabeth Coffman		familycoffman@aol.com
Exchange Program	Kahty Ide	254-493-2548	ckide3@yahoo.com
Clover Kids	Dawn Brown	254– 231-8252	bc4hcloverkids@yahoo.com
Vet Science	NR Agent	254-933-5305	
Judging Teams	NR Agent	254-933-5305	

4-H MOTTO, PLEDGE, PRAYER, & CREED

IN SUPPORT OF THE 4-H CLUB MOTTO

MOTTO

To Make The Best Better.

PLEDGE

The four "H's" are explained in the pledge:

I pledge:
*My **HEAD** to clearer thinking,*
*My **HEART** to greater loyalty,*
*My **HANDS** to larger service and*
*My **HEALTH** to better living for*
My club, my community, my country and my world.

4-H PRAYER

"Help me, Oh Lord, to live so that the world may be a little better because Thou didst make me.
Amen

4-H CREED

I believe in 4-H for the opportunity it will give me to become a useful citizen.
I believe in the training of my **HEAD** for the power it will give me to think, to plan and to reason
I believe in the training of my **HEART** for the nobleness it will give me to become kind, sympathetic and true.
I believe in the training of my **HANDS** for the dignity it will give me to become useful, helpful and skillful.
I believe in the training of my **HEALTH** for the strength it will give me to enjoy life, resist disease and make for efficiency.
I believe in my country, my state and my community and my responsibility for their development.
In all these things, I believe and I am willing to dedicate my service to their fulfillment.

THE 4-H CLOVER

The international emblem of 4-H is a green four-leaf clover with white "H's" in each petal of the clover. The 4-H colors are green and white. Green symbolizes nature's most common color and represents life, springtime and youth. White symbolizes purity.

4-H "411"

WELCOME TO BELL COUNTY 4-H. As a 4-H family, you probably have a lot of questions about 4-H. We hope that this handbook will answer many of those questions.

WHAT IS 4-H? 4-H is a youth development program which is part of Texas A&M AgriLife Extension Service, a division of the Texas A&M University System. 4-H's partners include the United States Department of Agriculture and local county governments.

WHAT DO YOU DO IN 4-H? The 4-H method is "***learn by doing.***" Members complete learning experiences called 4-H projects. A project is a subject or area of interest that the 4-H member wants to learn more about. There are more than 40 areas that are supported by project materials, but a member may also choose from other areas. Youth participate through local 4-H clubs. Clubs participate in community service projects, tour interesting places and learn interesting things. 4-H'ers learn leadership skills by planning club activities and by being officers in their clubs. Older 4-H members act as teen leaders, assisting adult volunteers with projects and activities for younger members. 4-H members also attend camps, contests and conferences at the county, district, state and national levels

WHAT DOES A 4-H CLUB DO? When you join 4-H, you pick a 4-H club. It elects its own officers and conducts its own business. The club group usually has a president, vice president(s), secretary, treasurer, reporter and may have a historian or parliamentarian. The club has a business meeting on a regular basis with an annual plan for their programs. At this meeting, the group discusses business and makes plans for activities. In addition, each meeting usually includes some kind of special educational program. The special program can be demonstrations by members, talks by members, parents or resource person(s), or anything else that interests the group. In this member guide is a listing of Bell County 4-H clubs, their club managers and assistants, meeting dates, times and places. Refer to this list for a club located near you or for one of the project clubs that might interest you. You are allowed to only be in one community club and as many project clubs as you want.

4-H NEWSLETTER With over 500 4-H'ers, the Bell County 4-H News (newsletter) is the number one communication between all 4-H'ers and parents and the County Extension Office. It is the responsibility of the 4-H'er to read the newsletter, which is sent out the first of each month. The newsletter contains important information about upcoming events, 4-H news, and deadlines. The Bell County 4-H News is also available on our website (http://agrilife.org/bell4h/) Newsletters are emailed to all members with the current email on file on 4-H Connect.

4-H WEEKLY UPDATES Weekly updates are also emailed to 4-H members with weekly dates from the newsletter and any new dates.

WHO'S WHO IN 4-H

COUNTY EXTENSION AGENT: County Extension Agents have the responsibility for oversight of the 4-H and Youth Development Program in their assigned counties. This includes the following responsibilities:

- Charter county 4-H membership/organizations (i.e. 4-H Council, volunteer/parent groups, committees, etc.) annually. Chartering includes the permission to use the 4-H name and emblem.
- Provide opportunities for all youth who have reached the appropriate age to be participants and/or members in the 4-H and Youth Development Program.
- Plan and coordinate the county 4-H program.
- Staff the 4-H clubs/units utilizing volunteers with the assistance of the volunteer/parent leadership and youth leadership.
- Assist the volunteer/parent leadership and youth leadership in providing in-service education and resources for all 4-H volunteers in the county.
- Explain 4-H policies and procedures.
- Ensure that a quality 4-H educational program is conducted in the county.
- Inform 4-H volunteers and members about opportunities at county, district, state, national and international levels.
- Expect to conduct themselves as good role models for youth both in public and private.

4-H VOLUNTEER: 4-H is a non-formal educational program delivered by volunteers who are trained and supervised by County Extension Agents. A 4-H Volunteer Leader is a person who is responsible for a group, activity, or event, and the members and/or other volunteers involved. There are two major roles adults may assume in 4-H: 1) Direct volunteers, or 2) In-direct volunteers.

It is the responsibility of the 4-H volunteer to carry out the assigned position responsibilities that they have accepted. 4-H volunteers are expected to conduct themselves as good examples for youth in both public and private life. This includes appropriate dress code, correct use of language, and moral conduct in accordance with the generally recognized standards of our society. It should be understood by the volunteers that they are expected to participate in learning, training, and teaching opportunities provided for them. All volunteers must be screened through the Texas 4-H and Youth Development Program.

BELL COUNTY 4-H MEMBERSHIP ADVISORY BOARD (MAB): a board that governs the policies and guidelines of the Bell County 4-H Program. Membership is composed of 4-H Club Managers, Assistant Club Managers, Project Leaders, and 4-H parents from each 4-H Club in the County. The voting body will consist of three designated voting members per 4-H club. All County Extension Agents will serve as ex officio members and advisors to the board.

WHO'S WHO IN 4-H

(CONTINUED)

COUNTY 4-H COUNCIL: A group of 4-H members who represent the community clubs, school clubs, or special interest projects on a county basis. County 4-H Council assists with developing and coordinating county projects and events. Presidents of council delegates from each club as well as elected officers make up the council. All members are invited to meetings.

BELL COUNTY 4-H AMBASSADORS: Senior age 4-H members who serve in leadership roles to promote 4-H to other youth, community leaders, and volunteers. Individuals are selected by committee, through an application process based on their past 4-H experiences and leadership roles. Applications are due to the County Extension office by May.

COUNCIL DELEGATE: A youth elected as a representative for their club on the county level during County Council meetings. Each club is allotted two spots for Council delegates.

CLUB MANAGER: A 4-H club manager provides guidance in the general art of leadership and management to a 4-H club unit. A 4-H club manager involves 4-H officers, parents, leaders, and members in promoting the goals of 4-H and serves as the contact person between the club and the County Extension Office.

CLUB OFFICER: The 4-H club officers are elected by the club each year and have there responsibility of planning, implementing, and evaluating all club meetings and activities. Working with club managers, they form an executive committee to give overall guidance to the club.

CLOVER KID: 4-H Clover Kids are youth in grades K-2. As an affiliated group, youth enrolled as 4-H Clover Kids have activities and programs suitable for their age group. To advance their learning and competitive skills, Clover Kids are able to participate in activities, recognition programs, and competitive events only to receive a "*Participation*" award. Clover Kids are **not eligible** to serve as club and county officers.

PROJECT LEADER: The 4-H project leader provides structured learning experiences and personal guidance and counseling in project-related opportunities for the 4-H members enrolled in the project group.

ACTIVITY LEADER: Activity leaders work closely with the club managers. They are responsible for one or more activity areas in the 4-H club. This will be a non-project area. Some examples of activity leaders are: new member/family coordinator, method demonstration leader, recordbook leader, judging leader, field trip coordinator, committee advisor, and community service leader.

PARENTS: Parents provide support and guidance to members and see that members attend meetings/activities and complete responsibilities. Parents should attend as many activities as possible and assist with one or more 4-H events.

4-H ENROLLMENT GUIDELINES

It is the policy of Texas A&M AgriLife Extension Service to extend equal opportunities for membership and participation in 4-H activities to all Texas youth in accordance with the provisions stated within all federal/state Equal Rights legislation provided that the membership requirements below are met.

Any youth may become a member of 4-H when he or she has reached 9 years of age or 8 years of age and has entered the third grade. Young children ages 5 to 8 (kindergarten, first and second grades) may enroll as a Clover Kid. Some clubs in the county offer Clover Kid programs and many activities in the county allow Clovers to participate. Some programs at the county level are offered only for Clover Kids such as Clover Kid Fair and Clover Kid Fun Day. Check your newsletter for county clover kid programs.

- Membership age is based on member's age as of August 31, 2016.

- ALL 4-H members must be officially enrolled (in an "active" status on 4-H Connect) to be considered an official 4-H member. No excused absences can be requested for any youth who is not enrolled in the official 4-H enrollment system (4-H Connect)."

- All 4-H enrollments must be conducted online via 4-H Connect. Please see 4-H Connect instruction manual at the back of this handbook. Texas A&M AgriLife Extension Service charges a $20.00 participation fee for 4-H membership before October 31st, after October 31st a $25.00 participation fee will be enforced. Clover Kids will not be charged a participation fee but will still need to register via 4-H Connect.

- A member must enroll in one or more 4-H projects and complete six project related learning experiences for each project.

- A 4-H'er cannot participate in 4-H activities, contests, projects, etc., in a county other than the county where he/she holds 4-H membership. If a 4-H member moves to another county, he/she may elect to join 4-H in that county but cannot retain membership in the previous county. A youth participates in 4-H by belonging to a 4-H club in the county where he/she resides. Exception: If a member lives near a county line or if a specific project is not offered in his/her home county and it is more convenient, desirable, or logical to belong to 4-H in another county, he/she may join 4-H in that county if the County Extension agents approve. Approval should be in writing. Fair guidelines do not have the same guidelines.

AGE DIVISIONS: Texas 4-H will have new membership eligibility based on SCHOOL GRADE and not age. The eligibility rules and guidelines are:

Youth may participate in 4-H year from September 1st of grade three through August 31 following completion of grade twelve, with these age restrictions:

Minimum age - 8 (as of August 31, 2016 in addition to being in the 3rd grade)

Maximum age - 18 (as of August 31, 2016)

4-H members can look forward to new and different experiences as they get older. There are 4 age divisions in 4-H:

Clover Kids……2nd grade and younger
Junior……Grades 3, 4, 5
Intermediate……Grades 6, 7, 8
Senior……Grades 9, 10, 11, 12

4-H PROJECTS

The project is the heart of the 4-H program. A wide choice of projects is available for members. A member or a group can also select an area of interest that is not officially listed as a 4-H project and conduct a project in that area of interest. Projects available in 4-H include, but are not limited to:

Aquatic Science
Bicycle
*Clothing and Textiles
Computer Science
*Dog Care and Training
Texan Building Character
*Food and Nutrition
*Goats
*Horse
*Investigating Water
*Photography
*Rabbits
*Safety

*Beef
*Community Service
Dairy Cattle
Entomology
Field and Stream
Housing
*Meat Science
*Public Speaking
*Recreation
*Shooting Sports
*Swine
Wildlife
Small Engines
*Science, Engineering & Technology

Biological Sciences
*County Government
*Consumer Life Skills
Energy
*Family Life
Forestry
*Horticulture
*Leadership
*Poultry
Range Science
*Sheep
*Sport Fishing
Wood Science
*Veterinary Science

These Activities and/or Contests are offered in Bell County.

Through a chosen project, members learn to use their resources, keep records, track profit and loss, assume responsibility and acquire knowledge and skills necessary for every day living. Projects should be fun and challenge the youth to help develop skills, offer an opportunity to assume responsibility or explore interests and careers. Projects also offer a chance to do things with friends and develop leadership as they share their knowledge learned with others.

Not all 4-H projects have county-wide activities or contests. Some 4-H projects are self-initiated, in which the 4-H'er gains learning experiences on his/her own or with his/her family. More information about each project and activity is available in the Texas 4-H Clover Book.

TEXAS 4-H PROJECT SELECTION GUIDE

CONSIDERATIONS IN SELECTING A 4-H PROJECT

Select a project you like.
Select a project that can be completed.
Consider the money it will take.
Can parents/guardians help?
Consider the space and equipment that you have at home.
Consider the time the project will take.
Consider parental support for the project.
Be aware of the opportunities for growth in this project.
A 4-H project should be fun, serve a purpose, and be worth the effort.
Select only the number of projects you can complete.

ITEMS AVAILABLE TO HELP YOU LEARN ABOUT YOUR PROJECT

4-H project promotional brochures
Project training workshops
Tours
Exhibits
Contests - judging, visual presentation and 4-H recordbooks
Reputable web sites

GOALS:

When you write down your goals and plans, you have already made a step toward reaching those goals. Your written goals will help you keep track of where you are going and how you are going to get there. Write your goals and plans for each project.

YOUR PROJECT GOALS SHOULD INCLUDE THE FOLLOWING

Knowledge goals - things you want to learn.
Skill goals - things you want to raise, make and/or do.
Leadership goals - things you want to do and to teach others.
Community Service goals - things you want to do for others.

Guidelines that relate to all projects:

Make a set of project goals.
Complete certain goals each month - most project work is done at home.
Keep a record of goals completed.
Exhibit project work.
Enter a contest at the local and county levels.
Attend workshops on your particular project.
Attend 4-H meetings regularly.
Develop leadership by teaching other interested persons something about your project.
Carry out community service activities related to your 4-H project.
Continue to study and broaden project knowledge and skills.

Find out what you can learn and do in your projects

Knowledge - things to do and resources to use in developing knowledge of your project

Read library books related to project.
Read magazines.
Purchase literature related to projects.
Secure owner's manual.
Attend workshops related to your project.
Interview someone who is knowledgeable about your project.
Tour places related to the project.
Subscribe to magazines.
Go on field trips to study project.
Study careers related to your project.
Study catalogs.
Take correspondence course related to project.
Study history related to your project.
Surf the web for reputable, non-biased sources.

Skills - the doing part of 4-H in which you develop your skills to their potential.

Make several things related to your project.
Raise and properly care for something related to your project.
Repair things related to your project.
Make a list of skills related to your project and practice them.

SAFETY - PART OF ALMOST EVERY 4-H PROJECT.

- Purchase safety equipment.
- Make a safety plan (locating safety hazards).
- Participate in a safety clinic.
- Make a study of accidents related to your project.
- Study state and national safety laws related to your project.
- Use warning signs where necessary.
- Secure a safe place to work.
- Follow all safety recommendations.

LEADERSHIP - ALSO A PART OF EVERY 4-H PROJECT. IT IS YOUR DUTY AS A 4-H MEMBER TO DEVELOP LEADERSHIP SKILLS.

- Present and display in schools and your community to promote your project.
- Assist individual members with their project (list ways).
- Conduct interviews.
- Help plan and conduct workshops about your project.
- Serve as chair of your project group.
- Teach groups about project work.
- Organize a 4-H project club.
- Conduct project contests in the local 4-H club.
- Assist volunteer leader with project.
- Set up a project tour for your club.
- Assist with county contests.
- Serve as a project leader for your club.
- Recruit new club members into your project.
- Write an article for our local newspaper.
- Serve as a group leader during a workshops or tour.
- Assist with county exhibit days - register exhibits in your project.
- Secure a county donor for your 4-H project.
- Teach disabled children about your project.
- Write and give speeches about your project.
- Develop a business related to your project.
- Serve on a committee related to your project.
- Write news articles about your project.
- Make exhibits that tell other people about your project.
- Appear on T.V. and/or radio and talk about your project.
- Write an information sheet about your project and use it as a handout during work shops.
- Develop a slide set or video about a certain part of the project.
- Serve as a teen or junior leader.

Citizenship and Community Service - part of every project. You should set several project citizenship and community service goals. Discuss ways you can work in your community to promote a part of your project through associations and private businesses.

- Make the public aware of the economic importance.
- Write your state and national legislators about issues related to your project.
- Give something related to your project to shut-ins.
- Secure pen pals who are interested in the project.
- Discuss project issues with local officials.
- Write project donors, thanking them for their support.
- Sell an item from your project and use the money for some worthy cause.
- Assist friends and neighbors with work related to your project.
- Make speeches about the importance of your project to the economy, society or school.
- Provide transportation for others to a project workshop.
- Organize a campaign to improve something related to your project.
- Conduct a radio program on your project, making the community aware of an issue.
- During National 4-H Week, do some type of project promotions.
- Take pictures of other 4-H'ers project exhibits, and use the pictures for publicity.
- Report to the proper authority things that you see in your project(s) that are dangerous to people of the community.
- Do volunteer work related to your main project.
- Serve on a county or community committee that is related to the project.
- Loan something that you have related to your project.

Environmental Stewardship

- Study how your project related to conserving our natural resources.
- Share stewardship information with others in your project area.

Economics

- Study consumer reports about your project.
- Watch television; listen to the radio for economic news related to the project.
- Conduct your own price study.
- Make a study of how to cut cost and maintain quality.

Experiments

- Develop your own design.
- Compare the outcome of more than one item, using different ingredients.
- Invent something that is useful in your project.
- Conduct experiments related to your project.

Steps to Showing a 4-H Livestock Project

1. Must be enrolled in 4-H.
2. Purchase your animal and work with a County Extension Agent to help you find an animal.
3. Validate your animal (Contact your County Extension Agent, Bell County Youth Fair Secretary or check your Bell County Newsletter for dates).
4. Obtain Quality Counts Certification Online before November 1st.
5. Enter the shows you would like to participate in.
    - Bell County Youth Fair Entries are completed at your local 4-H club meeting.
    - All major show entries are completed at the Extension Office the first week of November.

4-H Contests

4-H holds many contests to give members a chance to display their skills and measure their knowledge. Participation in contests is optional but strongly encouraged. Winners of most county contests advance to district and state contests. Only seniors can advance to state level competition at State Roundup in College Station. State winners may be selected for regional and national competitions. Information about upcoming events are located in the 4-H newsletter and emailed to each 4-H family, events are also published weekly in the local newspapers.

Food & Nutrition

- **Food Challenge:** The Food Challenge is a unique opportunity to participate in an innovative food and nutrition competition. The 4-H Food Challenge, similar to the popular television show Iron Chef, brings fun, learning, application of knowledge and skills, and group competition together at one event. At your table, they will have all the ingredients and a recipe with just the amounts on the table and no directions! You are to come up with a dish with what ingredients you have on the table and only use the bucket of supplies. Then groups will present their dish to the judges. Clover kids are allowed to compete at the county level.

- **4-H FOOD SHOW: SENIOR (GRADES 9-12)** A chance for senior members of the Foods and Nutrition project to demonstrate their culinary skills and knowledge.

- **NUTRITION QUIZ BOWL**: Youth enrolled in the 4-H Food and Nutrition Project may participate in the Food and Nutrition Quiz Bowl contest where they can showcase core concepts of nutrition, food preparation, and food safety knowledge learned in the food and nutrition project. This contest conducted in a "game show/college bowl" format allows up to four members to participate on a team.

- **HEALTHY LIFESTYLES:** This contest combines the consumer contest & knowledge in food & nutrition, and health & safety to teach youth these skills. The 4-H members learn about different topics and then judge classes to pick best choice for the person in the story. Intermediates and Seniors work as a team to give a presentation of their choice. The contest takes place at TX 4-H Roundup and is nonqualifying. (Nonqualifying - you do not have to compete at district to go to state.)

4-H COUNTY ROUNDUP: During Roundup, members continue the knowledge they have gained in their projects and their skill in public speaking and showing others their talents. Presentations are an integral part of the 4-H program. They are an effective tool for teaching young people how to organize their thoughts and present their ideas and themselves. There are two contests available at 4-H Roundup:

- **EDUCATIONAL PRESENTATIONS:** a 5-12 minute speech where members demonstrate how to make or do something related to their project area. The emphasis is on "showing" how to do or make something. An illustrated talk is speech during which members talk about a project using slides, charts of photographs. The emphasis is on "telling" how to do something. Clover kids are allowed to compete at the county level.

- **SHARE THE FUN:** The 4-H talent show provides a chance to develop talent, leadership and confidence, as well as wholesome recreation. 4-H members compete as club groups or individuals in a variety of categories such as: Choreographed Routine; Vocal; Musical; Poetry/Prose and Celebrate 4-H. 4-H'ers can also participate as stage hands, props design, and crew. etc. A fun activity for both the performers, coaches and audience. Clover kids are allowed to compete at the county level.

CLOTHING AND TEXTILES:

- **4-H FASHION SHOW:** Fashion Show offers a contest for youth to gain valuable consumer skills in the Clothing Buying Division or demonstrate sewing skills in Clothing Construction and Textile Division. Youth learn poise and gain confidence modeling and speaking to judges about the garments and accessories. Clover kids are allowed to compete at the county level.

- **FASHION STORYBOARD CONTEST:** The purpose of the contest is to provide and opportunity for the individual to apply, synthesize and evaluate his/her knowledge of fabrics and the arts and principles of design. It also provides the individual an opportunity to develop his/her knowledge of the career responsibilities of a designer and a fashion illustrator, enhance his/her personal presentation, and his/her verbal and nonverbal communication skills, resulting in a successful presentation board.

- **DUDS TO DAZZLE:** Much like Food Challenge Competition. Teams repurpose garments provided. Supply table of goods provided.

CONSUMER DECISION MAKING: Athletic shoes, backpacks, emergency radios, gift cards, gold jewelry, insect repellent, pedometers, printing digital photos, sunscreen, are a few of the items 4-H Consumer Decision Makers have studied to be able to compare the relative qualities and prices of each to determine which offers the best value for the money. Each year the items change, but this judging contest teaches members how to be smart consumers and spend their money wisely. Clover kids are allowed to compete at the county level.

4-H RECORDBOOKS: Recordbooks become a record of what a member has learned and accomplished in his/her 4-H projects. Members submit their completed recordbooks to the County Extension Office, where they are judged by outside volunteers against other members in the same category and age group. Recordbooks are an excellent way to teach youth how to keep records and allow them to record progress toward achieving their goals. Recordbooks are required to be turned in order to compete for 4-H awards.

4-H PHOTOGRAPHY CONTEST: Members may submit photographs in various categories to be judged at the county level. Senior (Grades 9—12) winners from each category will go on to compete at the state level in the spring contest. Junior, Intermediate, and Senior winners will advance to compete at the district level in the fall contest.

4-H LIVESTOCK JUDGING CONTESTS:

For more information on all contests and projects see our website at:
http://agrilife.org/bell4h/

DEADLINES

It is important that 4-H'ers and parents pay
close attention to entry deadlines.
The Bell County Extension Office operates under a
zero tolerance policy for deadlines.

No late entries will be accepted for ANY reason.
All deadlines are announced in the Bell County 4-H Newsletter.

4-H DEFINITION OF TERMS

TEXAS A&M AGRILIFE EXTENSION SERVICE: is an educational agency, an outreach arm of the Texas A&M University System that extends research-based knowledge to enhance the well-being of Texans.

COUNTY EXTENSION OFFICE: located at 1605 N. Main Street, Belton, TX 76513.

RECORDBOOKS: 4-H member records prepared in a specific format. Books are judged on the county and district levels with the opportunity for senior record books (Grades 9—12) to advance to the state level.

4-H COMMUNITY SERVICE PROJECT: An activity conducted by a 4-H member or club for the benefit of the community. Examples include neighborhoods clean-up, voter registration, food drive. etc.

EDUCATIONAL PRESENTATIONS: Planned presentations by one or more 4-H members that teach information related to a project or activity.

JUDGING TEAMS: A group of 3 to 4 members who evaluate classes in the areas of consumer decision making, livestock, horse, plants, range, wool, mohair, meats, entomology, soils, and dairy.

LEADERSHIP LAB: This district-wide leadership camp is held at the Texas 4-H Center, in Brownwood, in June. The camp is for 4-H'er ages 13 and older. Participants gain leadership skills that they are able to bring back to their county and share with others. At this camp, district council officers are also elected.

COUNTY 4-H AWARDS BANQUET: A banquet held to recognize 4-H'ers for their achievements in the 4-H program, from 4-H record books to Gold Star. Adult awards, such as Outstanding Leader and Friend of 4-H, are also presented at the banquet. The county 4-H awards banquet is for all 4-H families in Bell County.

4-H NEWSLETTER: A newsletter is sent to 4-H families and leaders. It is a good source of 4-H information on upcoming events, activities, and contests. The newsletter is for members and their families to remain updated.

NATIONAL 4-H WEEK: Held the first full week in October. This week provides 4-H'ers and leaders the opportunity to increase public awareness and understanding of 4-H in the community.

4-H EXCHANGE: This program is open to 4-H'ers 13 and older. The Exchange group hosts 4-H'ers from another state, showing them around the great state of Texas and teaching them about our local 4-H program. The next year, that state plays host to us, as we travel to see them and learn about their 4-H program.

STATE 4-H OPPORTUNITIES

TEXAS 4-H ROUNDUP: For members 11 and older (Intermediates and Seniors). Round-up provides developmental experiences, which build on knowledge, skills and attitudes gained through local 4-H activities. Most contests are only open for seniors age levels and 4-H'ers must qualify at a district 4-H contest. Contests for Intermediates are invitational contests and does not require qualification at district level. State contests are held in June at Texas A&M University in College Station.

TEXAS 4-H CONGRESS: This mock legislative educational event is held in Austin in even-numbered years. During the week-long program, Senior 4-H youth experience the legislative process first hand. By role-playing senators, representatives, lobbyists and press corps members, youth are exposed to the full political scene. Activities range from debating bills in the actual Texas Legislature chambers to socializing with advocates and opponents at evening receptions. Youth return to their communities with a better understanding of how our state government works. Information is sent to County Extension Offices in the fall preceding the event year. Congress happens on even years.

NATIONAL 4-H OPPORTUNITIES

NATIONAL 4-H CONGRESS: This educational program for senior 4-H members is designed to teach participants the citizen's political approach to community action for youth. In addition, youth delegates participate in programs that focus on citizenship, leadership and communication. Youth between the ages of 14 and 18 on August 31 of the year attending are eligible to apply for Congress. Also, delegates must be participating in youth development programs in which Extension is a partner (4-H clubs, special interest groups, school curriculum enrichment, and ENP-Y). Information and application forms are sent to each county office in March. Applications are due in May and finalists are interviewed in late May or early June. Opportunities for senior 4-H'ers to interact with members from across the nation in learning experiences. Texas' National 4-H Congress Web Site is: http://texas4-h.tamu.edu/natcongress

NATIONAL 4-H CONFERENCE: This week-long event held at the National 4-H Center in Chevy Chase, Maryland, involves youth, volunteers and staff in determining 4-H program directions at all levels. Participants are involved in an array of operations committees, consulting groups, pre/post conference commitments and obligations. Participants are representatives of their county, district and state constituency and are expected to add to discussion in an effort to gain in put from all levels of involvement.

TEXAS RECORD KEEPING SYSTEM - "FOR THE RECORD"

Following is an overview of the system and information about completing a 4-H Member Achievement Plan and 4-H Recordbook. 4-H Recordbooks are due in June and are required in order to compete for awards. 4-H Recordbook Training is in the fall and each Spring.

CATEGORIES: A 4-H member who has participated in any project may also submit a record book for judging. The exception is senior members who have placed 1st at the state level in one of the awards program categories in any previous year. First place state winners in each of the categories will be awarded a scholarship toward a trip to Washington, D.C., during the Thanksgiving weekend.

Please refer to the "Record Improvement Guide" publication for guidelines to preparing a recordbook or go to the Bell County 4-H website for more details about recordbooks:

http://agrilife.org/bell4h/4-h-activities/recordbooks/

EXTRACURRICULAR ACTIVITIES AND 4-H ELIGIBILITY ISSUES

Starting September 1, 2016, all 4-H youth, including youth in public, private, and/or **home school**, must adhere to the following guidelines regarding extracurricular activities and academic eligibility: Complete a "Declaration of Eligibility Form" – If you are in public or private school, your form will be sent automatically to your school. If you are home schooled, you will be required to come to the office to pick one up and fill it out.

OR

Name of 4-H member must appear on a list of eligible students to participate in a specific extracurricular activity signed by the school principal or designee. – This list is usually used during the youth fair instead of filling out a form for each student. Extracurricular activities through 4-H that require a "Declaration of Eligibility Form" or List of Eligible names:

- All 4-H Competitive Events (this does include photography, Bell County Youth Fair, Participation in ANY 4-H event or activity that would require them to be absent from school. Consistent with the UIL rules, the Texas 4-H Program has adopted a three school week waiting period upon change in status of school enrollment (from public to private or private to home or home to public or home to private) before the 4-H member is eligible for extracurricular activity. As a result of the 81st Legislation, no significant changes were made in TEA or UIL rules and procedures.

The 76th Legislature passed House Bill 3573 with 3major changes in regard to school eligibility and extracurricular activities:

- Authorizes the Commissioner of Education (instead of State Board of Education) to adopt for extracurricular activities and to approve or disapprove UIL rules and procedures.
- Suspension period of "no pass, no play" changed to 3 SCHOOL weeks.
- Authorizes local boards of trustees to adopt policies that establish the number of times that students may be absent to participate in extracurricular activities. It also requires that the policies allow at least ten absences for extracurricular participation but does not cap the maximum number of days that may be missed for extracurricular participation.

DAEP PLACEMENT AND PARTICIPATION IN SCHOOL ACTIVITIES

Section 37.006 includes a list of types of conduct for which a district is required to place a student in a DAEP (Disciplinary Alternative Education Program). Subsection (g) of that section provides that "[t]he terms of a placement under this section must prohibit the student from attending or participating in a school-sponsored or school-related activity." (Emphasis added). In addition to the required placements under Section 37.006, a district may include other bases for a DAEP placement in its student code of conduct under Section 37.0001(a)(1). Also, a principal may make a DAEP placement under Section 37.002(c) in response to a classroom removal under that section.

The application of Section 37.006(g) is expressly limited to placements "under" that section. Section 37.006(g) does not apply to a placement made pursuant to Sections 37.001(a) (1) or 37.002(c) if the conduct is not included in Section 37.006. A district may adopt its own policy governing the terms of such a placement with respect to participation in school-sponsored or school-related activities. A district must be careful to apply Section 37.006(g) to any placement made for conduct that is included in Section 37.006 even if the conduct is separately identified in the district's code of conduct or resulted in a removal under Section 37.002 6/20/2001

For more information on the "No Pass, No Play" policies, contact your local school or the Bell County Extension Office.

4-H DRESS CODE

- **A dress code for attending 4-H events will be enforced.**
- **If the apparel item cannot be worn to a public school or public school events, it is not acceptable for 4-H activities or events.**
- **No hats or caps worn in buildings.**
- **Dresses or skirt length minimum finger tip length.**
- **Shorts must have a minimum 3" in-seam.**
- **No earrings for boys.**
- **No bare midriffs.**
- **No visible body piercing(s).**
- **No tube tops.**
- **No spaghetti straps or strapless tops or dresses, or straps less than 1-inch in width. Consideration will be given to special events such as banquets.**
- **No back-less shirts.**
- **No promotion of any alcohol, tobacco, drugs, sexual activity, vulgarity or profanity on clothing.**
- **No excessively sagging or bagginess of pants.**
- **No visible tattoos.**

If clothes do not comply with the rules, the 4-H'er will be asked to change immediately to be able to participate.

4-H Parents – Partners on the Team

Good youth development programs do not just happen. It takes a combined effort of parents and volunteers along with the guidance of Extension youth development professionals to establish a good 4-H program.

In 4-H we have a team ... a 4-H team which contributes to the ultimate development of youth. On this team are the parents who become partners of the team. If a 4-H team is to be successful, then the parents must become "regular players," not "bench warmers." 4-H work would be totally impossible without the active support of interested parents. In clubs where parental support is good, individual club members receive more personal attention and guidance from leaders and parents. Closer family unity comes from planning, sharing and working together. When a family works as a team, the strength, talents, and skills of each family member can be developed and appreciated.

What can parents do to support and/or help the 4-H program?

- Learn what 4-H is all about (purposes, objectives. etc.).
- Exhibit a genuine interest and enthusiasm in 4-H and in your child.
- Encourage participation in 4-H activities. Participation stimulates interest and enthusiasm.
- Assist your child in selecting a project the like, a project that they have the ability to accomplish, and one for which you can help furnish facilities, financing, needed materials and guidance.
- Provide encouragement and help in their project work with record keeping, demonstrations, judging and completion of attempted work and leadership responsibilities.
- Provide transportation for members to local club meetings and to county events and activities.
- Attend at least half of the club meetings each year with your child.
- Get informed about "what's going on" and continue to stay informed.
- Provide a meeting place for a project group. Assist leaders and club by providing refreshments or other help.
- Volunteer to be a project leader. All adults have abilities that would greatly assist the 4-H program.
- Serve on a committee to help plan and conduct special club activities and events.
- Participate in the Bell County 4-H Management Advisory Board and serve on special project committees with youth to plan our county program events and activities.

Participation in the 4-H program can give the parent a feeling of contributing to their community, a feeling of being helpful to young people, and a feeling of value and worth. There is some credibility to the saying that 4-H develops both youth and adults. 4-H is a family activity. There is something for everyone. 4-H can provide an extended family, a network of positive adult and older teen role models to help provide a positive environment in which their child can grow and develop.

Volunteer Background Checks

Each 4-H parent/volunteer/leader is required to complete an online Texas 4-H Volunteer Registration and undergo a criminal background check. The purpose of the volunteer background checks is to ensure the safety of all 4-H youth. If a background check does not come back with a positive result, that particular adult will be forbidden or limited on his/her involvement with 4-H youth. For more information on or questions regarding this system, please contact the Bell County Extension Office.

BELL COUNTY 4-H
AWARDS AND RECOGNITION
NEW!!!! THIS IS NEW AND UPDATED!!!

NOTICE: All 4-H members applying for awards (Gold, Silver or Bronze Star; Rookie, Honor Roll, All-Star Letterman; Danforth or Outstanding Community Service, must submit the appropriate paperwork and applications on **May 1, 2016!!!** Award Interviews will be in May of 2016 at the Bell County Extension Office. Recordbooks for county competition will be due **June 2016**. Awards age based on their grade level.

JUNIOR AWARDS

ROOKIE AWARD:

To recognize outstanding first and second year 4-H members. 4-H members may receive this award only one time. Applicants may be of any age. The 4-H member must meet the requirements of and turn in a Rookie Application. Rookie Award winners will receive a green clover recognition pin presented at the Bell County 4-H Awards Banquet.

HONOR ROLL AWARD:

To recognize 4-H members ages third grade to ten years of age. 4-H members may receive this award only one time. A 4-H Honor Roll Award checklist must be turned in. All requirements of the Honor Roll Award Checklist may be completed in one year or within the time that a member is a Junior. Honor roll award winners will receive a silver clover recognition pin presented at the Bell County 4-H Awards Banquet.

BRONZE STAR

To recognize outstanding achievements by 4-H members who are in grades 3, 4 or 5. The member must have been in 4-H for at least one year. A 4-H member may receive the award only once. The Bronze Star Award will be presented to the most deserving young people. The 4-H member must complete an application and submit a record book. All candidates will be required to provide an interview as part of the selection process. The number of awards will be determined by the awards and recognition judges, with the number of awards given to the most deserving individuals.

INTERMEDIATE AWARDS

ROOKIE AWARD:

To recognize outstanding first and second year 4-H members. 4-H members may receive this award only one time. Applicants may be of any age. The 4-H member must meet the requirements of and turn in a Rookie Application. Rookie Award winners will receive a green clover recognition pin presented at the Bell County 4-H Awards Banquet.

ALL STAR AWARD:

When 4-H members become 11 years old, he/she may begin work on the All Star Award. 4-H members may receive this award only one time. Requirements may be completed in one year or may be accumulated over the years as an Intermediate. All 4-H members age 11, 12 and 13 are eligible to receive this award one time. A 4-H All Star Award Application must be turned in. All Star Award winners will receive a gold clover recognition pin presented at the Bell County 4-H Awards Banquet.

SILVER STAR

To recognize outstanding achievements by 4-H members in grades 6, 7, or 8. Any 4-H member may receive the award only once. The Silver Star Award will be presented to the most deserving young. The member must have completed at least two years in 4-H including the current year. The 4-H member must complete an application and submit a record book. All candidates will be required to provide an interview as part of the selection process. The number of Silver Stars to be awarded will be determined by the awards and recognition judges, with the number of awards given to the most deserving individuals.

SENIOR AWARDS

ROOKIE AWARD:

To recognize outstanding first and second year 4-H members. 4-H members may receive this award only one time. Applicants may be of any age. The 4-H member must meet the requirements of and turn in a Rookie Application. Rookie Award winners will receive a green clover recognition pin presented at the Bell County 4-H Awards Banquet.

OUTSTANDING COMMUNITY SERVICE AWARD:

4-H members age 14 or older may apply for this award. A 4-H member may receive this award only one time. Members must submit a typed essay of 1,200 words maximum, double spaced in a font no smaller than 12 explaining their community service campaign. There is no record book requirement for this award. Essays will be judged by county officials directly connected with 4-H that do not have children involved in 4-H. The Outstanding Community Service Award winner will receive a plaque. Applications are due at the same time as 4-H Award Applications.

LETTERMAN AWARD:

4-H members age 14 and over are eligible for this award. 4-H members may receive this award only one time. Requirements may be completed in one year or over a period of several years. Members may count requirements completed after age 14. A 4-H Letterman Award Application must be turned in. Letterman Award winners will receive a duffle bag or letterman jacket patch presented at the Bell County 4-H Awards Banquet.

SENIOR AWARD:

Graduating seniors for the **2016** year, who are members of 4-H, may apply to receive a Senior Award, to be presented at the Bell County 4-H Awards Banquet. Seniors who missed their junior year to apply may go ahead and apply for this award if they have not received it before. Seniors must have been active and meet the requirements listed on the application. 4-H members may receive this award only one time.

NATIONAL DANFORTH "I DARE YOU" AWARD:

To award 4-H members 14 years (as of August 31st of the current year) or older for outstanding character. 4-H members may receive this award only one time. The requirements are the same as for the Gold Star Award and winners will receive an "I Dare You" book and certificate. The 4-H member must submit an awards program record book in the year he or she is to be considered for the award. All candidates will be required to provide an in-person interview as part of the selection process. The number of Danforth Awards to be awarded will be determined by the Awards and Recognition Judges.

GOLD STAR

Purpose is to recognize senior 4-H members for outstanding achievement. The Gold Star Award is the highest achievement award at the county level. Counties have award quotas based on the number of senior 4-H members. The award will be presented to the most deserving young people without regard to sex.

Qualifications:

1. The member must be at least 15 years of age as of September 1 of the current year and must have completed at least three years in 4-H including the current year.

2. The 4-H member must submit a record book in the year he/she is to be considered for the award.

3. The 4-H member must have completed projects in three different project areas including submission of appropriate record forms and have participated in at least three of the following areas: method demonstrations/4-H presentation; contests; projects; project exhibits; camps; Leadership Lab; citizenship activities; public relations (demonstrations, radio, T.V., speeches, poster displays, newspapers, etc.); other (includes Exchange Program; fund raisers, State and National Congress).

NOTE: It is not expected that the above requirements for projects and activities all be completed in the current year. They may have been accomplished over the entire period of time the 4-H'er has been in the program. During his or her years in 4-H, the member must have exhibited leadership skills, be serving as a 4-H officer or committee chairman (club, county, district or state); and/or as a junior or teen leader in an activity or project with or under the supervision of an adult volunteer leader. The 4-H member must have participated in one or more community service activities.

4. In addition to the record book, the 4-H member must submit an application signed by his or her current club manager and participate in an interview. All candidates will be required to provide an in-person interview as part of the selection process.

5. The 4-H member(s) receiving the Gold Star Award will receive a certificate and pin from the District 8 Office. Applicants will need to choose an award option for Bell County 4-H Awards Banquet.

NOTE: The number of Gold Star awards to be awarded in any one year are limited and determined by the State 4-H Program and that information are sent to the 4-H Program Coordinator.

ADULT LEADER AWARDS

OUTSTANDING LEADER AWARDS:

Bell County 4-H volunteer leaders and Bell County 4-H County Council will solicit nominations and vote to select two individuals to be recognized at the Annual 4-H Banquet for "Distinguished Service." One will be chosen by the MAB and one chosen by 4-H members. 4-H volunteer leaders who are chosen for this award include outstanding club managers, leaders, project leaders, workshop leaders and volunteer leaders who go above and beyond their leader capabilities.

OUTSTANDING LEADER AWARD

The Outstanding Leader Award chosen from the 4-H member requires an essay no longer than 1 page. **The ESSAYS ARE DUE May 1st!** The essay should include the following:

Name of Person Making Nomination
Leader Nominated
Date
Why do you think this leader is an outstanding leader?
What does this leader do that is outstanding? Examples: Teaches others new projects, takes 4-Her's on tours, leads club, etc.
How has this leader helped you?
How has this leader helped others?

FRIEND OF 4-H AWARD:

This award goes to an individual or business that has greatly supported the Bell County 4-H program. The recipient is selected by the Membership Advisory Board and the award is presented at the County 4-H Awards Banquet. Recipients chosen for this award are individuals or businesses that have greatly supported the Bell County 4-H program or who are outstanding volunteers who do not have 4-H members participating in the 4-H program in the current year.

ALL AWARD APPLICATIONS ARE AVAILABLE ON THE BELL COUNTY EXTENSION WEBSITE:

http://agrilife.org/bell4h/
Click on 4-H Activities and then 4-H Awards & Recognition.

BELL COUNTY 4-H CALENDAR
2016-2017

August:
- Enrollment Begins
- 4-H Banquet
- Chef Day Camp
- Ambassador and County Council Training
- State Recordbook Judging
- 1st club meetings start
- MAB/Adult Leaders Meeting

September:
- County Council
- County Photography Contest
- Bell County 4-H Open House
- Central Texas State Fair
- Livestock Project Workshop

October:
- Hunters Spectacular 4-H Fundraising Event
- National 4-H Week
- MAB/Adult Leaders Meeting
- County Food Show/Food Challenge
- Lamb and Goat Validation
- Deadline for Online Enrollment
- Recordbook Training
- Consumer Decision Making Project Begins

November:
- Major Livestock Show Sign up (Everyone who plans to show at major shows must attend)
- Scholarship Training
- County Council
- Swine Validation
- Heifer Validation
- Holiday Classic Clinic & Livestock
- Bell County Youth Fair Entries Due to Club Managers

December:
- District Food Show/Food Challenge

January:
- County Council
- MAB/Adult Leaders Meeting
- Horse Ride Nights for BCYF
- Enter BCYF Photos Online
- Livestock Project/Showmanship Workshop

These are just a few projects/activities in Bell County 4-H. Check your monthly 4-H Newsletter for more.

BELL COUNTY 4-H CALENDAR
2016-2017

February:
- Texas 4-H Scholarship Deadline
- San Antonio Consumer Contest
- Bell County Youth Fair
- District Plant ID Contest
- San Antonio Livestock Show
- San Angelo Livestock Show
- Consumer Decision Making County Contest

March:
- County Roundup
- County Council
- District Consumer Contest
- Bell County 4-H Scholarship
- County Fashion Show
- District Nutrition Quiz Bowl Contest
- Houston Livestock Show
- Star of Texas

April:
- District Roundup/Leaders 4- Life Contest
- District Fashion Show
- County Recordbook Training
- District Horse Judging Contest
- District Livestock Judging Contest
- Volunteer Appreciation Night
- District Entomology Contest
- District Shooting Sports
- District Range Evaluation Contest

May:
- Bell County 4-H Award Applications Deadline
- Award Interviews
- MAB/Adult Leaders/Club Manager Training Meeting
- Recordbook Drafts Due
- Clover Kid Fair
- Scholarship Interviews
- MAB/Adult Leaders Meeting
- County Council

June:
- Texas 4-H Roundup/Scholarship/ Assembly
- District Horse Show
- District Leadership Lab/District Council Officer Elections
- County Recordbook Due/ Contest

July:
- 4-H Club Charters Due July 1
- District 8 Recordbook Judging
- County Camp
- Texas 4-H Horse Show
- TX 4-H Congress
- Texas 4-H Dog Show