

Texas 4-H Report Form
SECTION I - 4-H PROJECT EXPERIENCES
4-H Project Summary

Maximum: 1 page

What is your project? How did your project change or grow?

VETERINARY SCIENCE	2004-2005
Number of Lambs on Feed	14
Number of Beef cows/heifers	6
Number of Horses	0
Number of places visited, Camps, Workshops	12
Expenses	\$361.42
Number of Persons helped	1
Hours spent working on project in a year	9,965

SHEEP	2004-2005
Number of head on feed	14
Shows entered and attended	12
Expenses - Animals, Feed, Supplies, Entries, Equipment	\$7949.00
Income - Animals sold	\$4448.65
Camps/Workshops	5
Number of Persons helped	4
Hours spent working on project in a year	9,005

FOODS AND NUTRITION	2004-2005
Camps/Lesson activities	27
Help purchase groceries	5
Number of Dishes or Meals prepared	56
Expenses for Food Show entry	\$14.72
Number of Persons helped	3
Hours spent	85

BEEF	2004-2005
Number of Beef cows/heifers in production	6
Number of places, camps, workshops	36
Income - Animals sold	\$2,078
Expenses - Animals, Feed, Supplies, Equipment	\$1,512
Number of Persons helped	0
Hours spent	960

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SECTION I – 4-H PROJECT EXPERIENCES
4-H Learning Experiences and Knowledge Gained

Maximum: 2 pages

What have you done and what have you learned?

VETERINARY SCIENCE

YEAR	C O D E	KNOWLEDGE GAINED/LEARNING EXPERIENCE	OBJECTIVE
2004-05	L C	Read and studied labels on medications	1,2,3,4,5
2004-05	L	Restrained lambs vaccinations, worming and castration	1,2,3,4,5
2004-05	L C	Help vaccinate and castrate calves while working cattle with family	1,2,3,4,5
2004-05	L	Learned how to draw medication from a bottle into a syringe	1,2,3,4,5

SHEEP

YEAR	C O D E	KNOWLEDGE GAINED/LEARNING EXPERIENCE	OBJECTIVE
2004-05	L C	Attended monthly 4-H Lamb Club meetings and workshops	1,2,3,5
2004-05	L C S	Participated in clinics on Health, Management, Feeding & Showing	1,2,3,4,5
2004-05	L C S	Participation in local, area, regional and statewide shows	1,2,3,4,5
2004-05	L	Washed and prepared lambs for show	1,2,3,4,5
2004-05	S	Interviewed a breeder at a stock show about a new breed of sheep	1,2,3,5
2004-05	L	Learned new techniques of standing and showing lambs for show	1,3,5
2004-05	L	Calculated rations for show lambs using scales, measurements	1,2,3,5
2004-05	L	Learned how to measure and drench lambs to keep them healthy	1,2,3,4,5
2004-05	L	Restrained lambs for shearing, Learning to shear	1,2,5
2004-05	L C S	Attend sales and visit breeders places to buy show lambs	1,2,3,4,5

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SECTION I – 4-H PROJECT EXPERIENCES

4-H Learning Experiences and Knowledge Gained

Maximum: 2 pages

What have you done and what have you learned?

FOODS AND NUTRITION

YEAR	C O D E	KNOWLEDGE GAINED/LEARNING EXPERIENCE	OBJECTIVE
2004-05	L C	Participated in County Food Camp, and Food Show Meetings	1,2,3,4,5
2004-05	L	Learned food pyramid, caloric knowledge, nutrients and their values	1,2,3,4,5
2004-05	L	Collect and trade recipes in my recipe notebook	1,2,3,4,5
2004-05	L	Toured local HEB grocery store	1,2,3,4,5
2004-05	L	Selected recipe for preparation for food show	1,2,3,4,5
2004-05	L D	Participated and Placed in County and District Food Shows	1,2,3,4,5
2004-05	L C	Participated in County DairyFest at city park	1,2,3,4,5
2004-05	L	Participated and Placed in communitywide Pumpkin Carving Contest	1,2,3,4,5

BEEF

YEAR	C O D E	KNOWLEDGE GAINED/LEARNING EXPERIENCE	OBJECTIVE
2004-05	L C S	Attend sales of cattle	1,2,3,4,5
2004-05	L C	Visit breeders ranches for judging workouts	1,2,3,4,5
2004-05	L	Feed cows and check water	1,2,3,4,5
2004-05	L	Watch cows ready to calve	1,2,3,4,5
2004-05	L	Help gather cows; sook cows back home when they get out on the neighbors	1,2,3,4,5

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SECTION II – 4-H LEADERSHIP EXPERIENCES

Maximum: 1 page

Promotion Leadership: How have you told someone about 4-H?

Volunteer Leadership: How and what did you do to lead or teach others in 4-H?

Elected/Appointed: What did you do to help?

YEAR	TYPE	Leadership Experience
2004-05	Promotion	Helped with Phone-a-thon for Local United Way to tell callers about 4-H
2004-05	Promotion	Wrote and delivered monthly announcements about 4-H meetings to school campus
2004-05	Promotion	Presented illustrated talks to local school classes
2004-05	Promotion	Wrote Thank you's to sponsors, leaders and buyers
2004-05	Promotion	Recruited new members in 4-H projects by inviting them to county Food Camp
2004-05	Volunteer	Handed out ribbons at Erath County Livestock show and Fort Worth Stock Show Open Brangus Show
2004-05	Volunteer	Brought refreshments once each to Erath Co Lamb and Goat 4-H Club
2004-05	Volunteer	Attended Prime Time II camp at Texas 4-H Center
2004-05	Elect/Appoint	In charge of Ice-Breaker games before 4-H meetings
2004-05	Elect/Appoint	Elected to serve as Treasurer of Erath Co Lamb and Goat 4-H Club for 2005-06
2004-05	Elect/Appoint	Led Pledge of Allegiance and 4-H Motto at Lamb 4-H Club and Stephenville 4-H Club

What did you do to help other people because of 4-H?

2004-2005

- Helped take meals to 4-H family and friends during times of strife (Y)
- Helped prepare meal for workers of Habitat for Humanity House (M)
- Sang Christmas carols at local assisted living homes (M)
- Give produce from garden to church family (Y)
- Share pictures taken from 4-H events with other 4-Hers (Y)
- 4-H Clothes drive (8 shirts/jeans and shorts, 3 shoes) (M)
- 4-H Food drive (10 cans/boxes) (M)
- Offer rides to friends to 4-H events (6 times) (Y)
- Donated to Relay for Life (Y)
- Fed neighbors animals while they were out of town (Y)
- Helped on major stock show trips carry fellow 4-Hers equipment in the rain (M)
- Loaned equipment to new 4-Her for project (Y)

(Y = Yourself; P = Provided Primary Leadership; M = Member of a Group)

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SECTION IV – OTHER 4-H PROJECTS

Maximum: ½ page

List any 4-H project(s) not listed in Section I, Include number of years and summarize participation.

HORSE

2004-2005

We started going to 4-H Horse club this year. We have always had horses and enjoyed riding. Mom and dad thought it would be good for us to try Horse club. We started going and started practicing horse judging. It was fun sometimes and sometimes it was not. Later in the fall when things were busy at school and our lambs needed a lot of exercise, we decided to keep more heifers from our calf crop. We decided as a family that we did not have enough room or time to keep the horses and do horse judging so we decided to sell them to someone who had time for them, at least for now.

HEALTH

2004-2005

My sister and I did an illustrated talk in the Health category at District 4-H Roundup. The title was called, "Dangers of Second-Hand Smoke." We got second place at district. It was my first year and we worked pretty well together.

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SECTION V – 4-H RECOGNITION AND AWARDS

Maximum: ½ page

Highlight 4-H recognition and/or awards.

2004-2005

Erath County Food Show – 1st place Junior Ethnic Dish division
District Food Show – 3rd place Junior Ethnic Dish division
State Fair of Texas show – 5th place Finewool
Huckabay Livestock show – 1nd place lamb
Erath County Livestock Show – 2nd place, Reserve FW; 1st place Medium wool
Fort Worth Stock Show – 16th place Finewool
San Antonio Stock Show – participated
San Angelo Stock Show - participated
Houston Livestock Show – participated
Howard College Lamb Camp Showmanship – 3rd place Junior
Erath County Illustrated Talk Contest – 1st place
District 8 4-H Round-up – Junior Health Illustrated Talk – 2nd place

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SECTION VI – NON 4-H ACTIVITIES

Maximum: 1 page

***List leadership, community service, awards and recognition from other activities
such as school, church and other community organizations.***

2004-2005

Hook Elementary School 3rd grade Fall and Spring performances
A Honor roll (6 six weeks)
Perfect Attendance (5 six weeks)
Accelerated Reader honors
TAKS Reading tests – completed and passed the first time
Participated in the local "Jump for Heart" American Heart Association fundraiser
Participated in local Optimist Club's annual "Tri-Star Games"
Run in Track meet at school
Member of Miler's Club at Hook Elementary School
Church - Choir and Drama perform in 2 plays annually and sing specials during worship services
Attend GlenLake Church camp
Swimming, Deer hunting
Compete on City league Basketball team – position post and guard
Compete on Soccer association league Soccer teams – position goalie and defense

Kenna Mae Faulkenberry

Erath County, D-8

Junior

My 4-H Veterinary Science Story and Photo Portfolio

Hi! I am **Kenna Mae Faulkenberry**. I am nine years old and go to Hook Elementary School in Stephenville, Texas. I will be going into the fourth grade this fall. Stephenville is tagged, "The Cowboy Capital of the World," but to me it is just home. This was my first year in 4-H and my first record book.



4-H has long been a part of my family heritage and now me. Both of my parents were in 4-H and greatly involved in agriculture and animals, from farming to ranching to foods and nutrition. My mom was even on Texas 4-H Council a long time ago. My grandparents and great-grandparents were all very strong in competing in 4-H in Texas. It was only natural that I would join 4-H.

I am the youngest daughter of Joe and Carol Faulkenberry. I have one older sister, Scotta. This was Scotta's third year in 4-H.

My family is very important to me in all of my 4-H projects. I am a member of the Erath Lamb and Goat 4-H Club. I am also a member of the Erath County 4-H Horse Club, Livestock judging and Photography project groups. My mom has helped a lot as co-club manager of some of my clubs and my dad helps a lot with my Erath Lamb and Goat 4-H Club. My dad works in the animal health industry as a territory sales manager for Walco International, Inc., and my mom works as an Extension

program specialist of the Southern Region Risk Management Education Center through the Texas Cooperative Extension.

Through the journey of my parents' careers, I have attended many purebred cattle sales and livestock shows across the country since I was born. Some folks think it is somewhat strange that we picked sheep for my major "show" project. My mom and her sisters grew up showing steers and heifers, but my dad always showed sheep. Mom and dad helped me decide to start out showing sheep and I am glad. They are fun.

My sister and I have a small cowherd together that we got started by purchases from our grandfather and great-great aunt. We hope someday to show some commercial steers in San Antonio and Houston from our cows. The cows are Angus/Hereford Cross. Their calves this year were part Simmental and we now have a black Simmental bull breeding them for more Simmental cross calves. We started out with four heifers and we now have four cows, two bred heifers and two prospects that we will watch and see if we want to keep and grow out. We are using our cows to help support our lamb showing....

I chose to do my record book subject on Veterinary Science because I love to take care of animals and people. I also like my dad's work of helping people take care of animals. He always knows what to give our animals and how much cc's to give. Plus, my sister and I are both junior level and did not want to compete against each other in the same record book division.

Last summer I started my 4-H career by going to Howard College Lamb Camp. We learned about how to feed and care for our lambs, while also learning

how to show them. My sister and I both show lambs. We accumulated 14 lambs last summer to decide which ones to show. It is a lot of work to keep all of them healthy and happy.

Dad has a deal with my sister and I that he feeds in the mornings and we



feed and clean water in the evenings.

However, as our family has gotten more and more involved, we now all go out and feed in

the evenings as a family. It is kind of our

family visiting time. After we get new lambs,

we give each one shots and wormer and then give them booster shots and wormer every 30 days. We weigh them too. We have a board in our barn that we write down when we got them and the dates of their shots and weights. It really helps when we are taking care of so many.

We had an interesting group of lambs this year. One had a hip that would not walk right. We had a man come over and try to pop the lamb's hip back into place but it just would not work right so we had to sell him. Another one of our lambs decided to choke on his feed one morning and he died. That was not too fun. We also had a lamb that his tail had to be redocked before we started showing him. We had to take him to the veterinarian and let him do a surgery on his tail. I watched him sew the lamb's hind end back up. It made him look a lot better but we had to take special care of him for a while.

Part of the unique care of show lambs is when you go out to feed they all get up and prick their ears or talk to you when you come to their pens. That is a real

good way to tell if they are all feeling and doing well. I can always tell if one of them is not feeling good. Caring for show lambs is never boring. Besides the usual of feeding and watering and cleaning water buckets, we also have to train them to show and walk for judging. We have to take care when we tie them to a fence too.



Moving lambs into Houston stock show.

You are never supposed to leave your lambs tied to a fence and leave. They will find a way to get in trouble or choke themselves.

When it is time to give shots, dad is teaching me how to draw liquid medicines into a syringe and use proper needles. This is not as easy as it looks. If you have ever been at the doctor's office and had to get a shot and see a nurse or doctor get shots ready. They make it look easy. My dad does it so easy and I hope I can do it that easy someday. Using the right size needle for the right size syringe and animal is also very important. You do not use the same size syringe and needle for a lamb that you use for a cow or horse. Also, some medicines are thicker than some to and will not come out of real small needles. When we give shots, dad makes me read the label to see how to give the medicine. Some medicine you can give orally, some by in the muscle and some you have to give under the skin. We never give shots on the rump or back and never on the "show side" either. Right now, dad still gives the shots to our animals, but my sister and I have to hold them for him. We hold our lambs on the ground or when they get older we hold their head and



My Dad, sister and I giving shots to show lambs.

the other person holds a front leg.

Another interesting thing I learned about this year was lamb validation. I learned from my 4-H agent and the FFA teacher that we have to record our animals for showing. They came to our house, my sister and I caught all of our lambs, and each one had to go through a process. They had to get a nose print, an ear tag and take a sample of their wool. Then we had to sign all of their cards. I got to show my lambs a lot of different places this past year. There is a lot of responsibility when you travel with animals.

After Houston this year, my sister and I wanted a new dog, a pet that had nothing to do but be our pet and do what we wanted and sit and play. So, we went to the Erath County Humane Society and



told them what we were looking for. In a few days, they called and asked my mom to come and look at a puppy that had come in. She brought it home and we were so excited. We decided to keep her and named her Windy. Windy is a dachshund schnauzer cross. She is wire-haired and dapple blue in color. After we had her for six days, she started acting sick and not eating. We took her to the veterinarian. The veterinarian tested her for canine parvovirus. Windy had it. The veterinarian said we could try the at-home therapy for seven days but she had a 50-50 chance to live. We had to give her IV once a day, two different shots twice a day and a pill once a day. We kept a journal of when we gave the medicines and when she pottied or vomited. After three days, mom and dad thought she would live and I started feeling better.

We took real good care of her and she got well. I did not know having a pet was going to be as hard as having lambs and cows, but it sometimes is. I really love our Windy dog.

Besides my lambs, I also started my Foods and Nutrition project last summer by going to Food Camp. It was a lot of fun; we learned a lot of different things and new recipes, and the number one rule is you have to try everything once. The last day of the camp, we had a meal for everyone to come and try all of the recipes we had learned to make. I learned how to measure liquids and solids in measuring cups and spoons and



My sister and I placed at District Food Show.

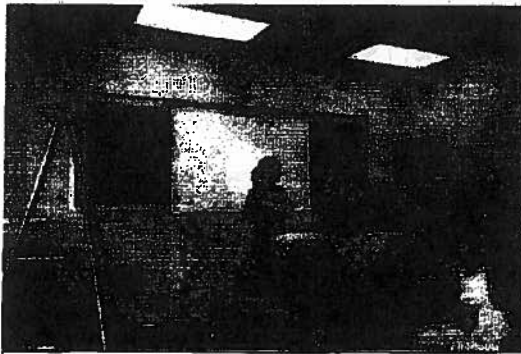
a lot about kitchen safety. I have started my own cookbook notebook. I have tasted new foods this year like mango and cactus. At home, I set the table and fix the drinks for my family most of the time at supper. I sometimes help mom cook too. I also help put food away after meals, very important food safety. This year I made an Ethnic dish called Mexican Salad and I won at the county show and went to District Food Show for the first time. I was nervous because I that was the first time I gave a speech. I won third place!

We also started going to 4-H Horse club this year too. We have always had horses and enjoyed riding. Mom and dad thought it would be good for us to try Horse club. We started going and started practicing horse judging. It was fun sometimes and sometimes it was not. Later in the fall when things were busy at school and our lambs were needing a lot of exercise and we decided to keep more

heifers from our calf crop. We decided as a family that we did not have enough room or time to keep the horses and do horse judging so we decided to sell them to someone who had time for them, at least for now.

We also started a photography project this year. My mom knows a lot about cameras and taking pictures and we went to some of the project meetings. They were very interesting. I am learning how to take better pictures. When it snowed during Christmas break, we took many pictures. I entered one of my pictures in our County photo contest at the County stock show. I did not win anything but it was still fun. I will try again next year.

After stock show season, I visited the livestock-judging project a few times. I think I want to do more of that next year. However, I also play basketball and soccer and I could not fit it all into my schedule.



Giving our Illustrated Talk at District Round Up

My sister and I did a method demonstration in the Health category. The title was called, "Dangers of Second-Hand Smoke." We got second place at district.

The neat thing about 4-H is that it is not boring and there are always new things to try.

For my community service this year, I took food to our 4-H food drive and helped give clothes to our 4-H clothing drive. Even though it was not 4-H my Sunday School group went and sang Christmas Carols at a local assisted living during Christmas and that was fun too. I really like helping people and seeing them smile.

Each Sunday we take our extra produce to church and set up a sign for folks to take what they want courtesy of the Faulkenberry girls' 4-H garden.

Besides 4-H, I do other activities in my school and community. I play basketball and soccer in our city leagues. I also enjoy my church activities, I sing in our youth choir and I will be an acolyte during worship services this next fall. That has some big responsibilities some Sundays.

My family also likes to travel and see stuff. Each summer my sister and I take turns going and staying with our grandparents in Llano. We call it Oma and Opa camp. We each go by ourselves and stay a few days a way from mom, dad and sister. They take us to real neat stuff. I also go to church camp that is fun too. Last summer we started going to stay to our aunt and uncle's home in Colorado. They own a donut shop and my sister and I worked in the donut shop for a week. We plan to go there again this summer too. It is a lot of fun to learn how different people live in different places.

This was a really fun first year in 4-H. I really learned a lot. This year I learned a lot but part of that learning has been rewarded and that excites me to do more. I was elected to be treasurer next year in my 4-H Club and I am going to Prime Time II camp at Brownwood this summer. I am really excited to go.

4-H is a fun thing to do and I am so glad my family helps me do so much. I know being a member of 4-H has increased my self-confidence and work ethic. I am already working on next year's projects and look forward to my successes.



Jessica Carol Jackson

1001 Pleasant
Hopeville, Texas 75000

Phone:
903/555-5555

Objective: Development of Resume for 2007 4-H Beef Project Recordbook

Education: Completed Junior year at Hopeville High School
Expected Graduation Date: May 2008

Employment: House cleaning and light cooking for various Hopeville residents.
Light yard maintenance for various Hopeville residents
Babysitting for various Hopeville residents

Skills: Public Speaking/Customer Relation Skills
Computer Skills
Knowledge of beef cattle health, breeding, and feeding
Variety of cooking skills
Housing keeping skills
Light landscape skills

Interests and Activities: Beef Cattle Production
Cooking
Housekeeping
Gardening
Varsity Basketball
Reading
4-H Club Member – Hopeville 4-H
Hopeville FFA Chapter Member
Hopeville Bible Church Member
Hopeville Library Board
American Junior Hereford Association Member
Texas Junior Hereford Association Member
American Junior Shorthorn Association
Drug-Free Greenville Participant
U.I.L. Academic Teams

Awards: First Place Awards 4-H Recordbooks
First Place Awards Method Demonstrations and Illustrated Talks
4-H Gold Star Award
Grand Champion Steer and Hunt County Fair
Outstanding Hunt County Junior 4-H Member
Outstanding Hunt County Intermediate 4-H Member
Danforth "I Dare You" Award
Misc. Livestock Awards at Hunt County Fair
Misc. Awards for Baking Contests
"A" Honor Roll
Academic Recognition for TAKS
President Student Council