# Bell County 4-H News December 2010

### Calendar of Events

December

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Expo
<u>December 6:</u> Consumer, 6pm, CEO
December 9: D8 4-H Food Show, Belton
December11: Cowboy Christmas Ball, 7pm,
Expo
December11: Bell Ringers, Temple/Belton
December 14: Consumer, 6pm, CEO
December 16: Food & Nutrition Quiz Bowl
Practice, 6-8pm, CEO
December 17: Master Wellness
Applications Due to CEO Janu

January 4 & 10: Consumer, 6pm, CEO January 7-9: Texas Teen Retreat, Brownwood, TX January 11: Rabbit Validation, 5:30pm-7:30pm, Expo January 17: CEO Closed January 18: Consumer Contest, 5:30pm, CEO January 19: MAB Meeting, 6pm, CEO January 20: Clothing Workshop, 6pm, CEO

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January 24 &31: Ride Nights-Speed,	Master Wellness
Expo	Deer Hunting Cor
January 25 & February 1: Ride Nights-	Deel Hunting eol
Performance, Expo	Beef Cattle Clinic
January 25: County Council Meeting,	Beer cause chine
6:30pm, CEO	<b>BCYF</b> Broilers
January 29: Swine Carcass Weigh-In, 9-	
10am, Ěxpo	BCYF Rabbit Val.
January 29: Weigh-Out Commercial	BCYF Dates
Steers, 8am, Evans Ranch	Derr Dutto
	State Fair Checks

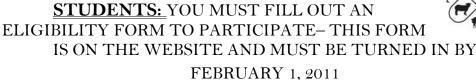
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Bell County Youth Fair Catalogs are available through your Club Manager. The catalog is also on the Bell County website at:

#### http://agrilife.org/bell4h/

It is your responsibility to get your entry forms and fees to your club manager by the deadline that they set for your 4-H club.

#### No single entries will be accepted through the Extension Office. <u>NO EXCEPTIONS.</u> <u>REMINDER TO ALL HOME SCHOOL</u>



Exchange Cookbook 8 MAB Meeting 8 4-H Tech Team 8 Teen Retreat 9 Clothing Board 9 "Share the Road" 9 Bracelets Christmas Ball 10 Hunter's Spectacular 11 Winners Bell County T-shirts 12Calendar 13

**BCYF Ride Nights** 

# **Bell County 4-H Website**

The 4-H website is a great way to keep up with all upcoming 4-H events & to download necessary forms. Please visit our update website:

http://agrilife.org/bell4h/

We will no longer be sending the county newsletter by mail, it will be emailed to those members who have provided us with an email address. If your family does not have email you may locate the newsletter on our website. If you need more information on 4-H Events & Forms please contact the CEO.

# County Council Meeting Themes and Programs

MONTH/DATE THEME

PROGRAM

\*\*\*\*\* NO MEETING \*\*\*\*\*

**December** January 25 February 22 March 22 April 26

**"70's"** "Backwards Day" "I Bleed Green" "Surf's Up" **Tyler C. Program** Tell & Show Fair Roundup Presentations Officer Elections

*January Meeting:* The Bell County 4-H County Council will meet on <u>January 25, 2010 at</u> <u>6:30 p.m. at the County Extension Office Meeting Room</u>. Remember the council delegate and the president of the club are the two representatives from your club who come to the meeting and are voting delegates for the club. All 4-H members are welcome though! It will be a lot of fun, so come and learn about the county 4-H program and vote on exciting new 4-H opportunities.

# COUNTY COUNCIL COMMUNITY SERVICE

Breedlove is a non-profit organization who helps under privileged countries in need. They specialize in the malnutrition of people of all ages. Breedlove is based out of Lubbock Texas and is one of the leaders in the fight against hunger. Their supplies are highly demanded and go to just those in need. Bell County Council has decided to "Change the World" by receiving donations. You can donate your spare change in any club and the club with the most money gets a prize at the end of the year. This is a great opportunity to get involved in community service and also help the Texas 4-H Council in their effort to make a difference. If you would like more information please visit <u>www.breedlove.org</u> to see all of the great things this organization does. Thank you. Tyler Coufal. Texas 4-H Council.

### **Bell County Youth Fair FCS CONTAINERS**

BCYF food containers are those standardized containers used by 4-H members to put their food items in when they come to the fair. Club managers may pick up these containers for their clubs <u>starting</u> <u>December 17th at the Extension Office from 8am-5pm or</u> <u>December 20-22</u>. All club managers should pick up containers for their club no later than December 23. As club managers, you will want to designate a time for members of your club to pick up the containers from you. If you have any questions, please contact the Extension Office at 254-933-5305. <u>Please note: Club managers or designated leaders are the only ones able to pick up containers. Individual families are not permitted to pick up their containers.</u>



It's that time of year again. Time for the kettle volunteers to ring there bells, raising money for the Salvation Army. But, this year the Salvation Army needs your help.

#### We need volunteer on December 11 at 18 different locations in Temple and Belton.

Each location will have ten, 2-hour shifts. That's a total of 180 volunteers each day. Feel free to volunteer for more than one shift. There are 15 locations in Temple, the remaining 3 are in Belton.

If you decide to volunteer, dress warmly and conservatively. Wear comfortable shoes. Make sure you wear 4-H shirts and pins. Be prepared for very cold weather, light rain, and, if you

are extremely lucky, light snow. Anyone can be a kettle volunteer! Volunteers under the age of 16 must to be accompanied by an adult. You may volunteer by yourself or as a family.

As a kettle volunteer, your goal is to bring Christmas cheer to those coming and going from area stores and to accept contributions from all givers. Greet all who pass by and thank anyone who gives.

This money goes to organize food baskets to give to over 2000 individual.

This money also helps buy toy for children. Last but not least, this money helps fund the vast array of social, community, and disaster services throughout the year.

If you have any questions or would like to volunteer, **<u>please contact Brandon Stone by</u>** <u>**December 3rd** at (254)-742-0453 or by email at <u>rollingstonemom@yahoo.com</u> Thanks!!!</u>





### Consumer Project

Consumer Decision Making is a great way to learn how to shop better!!! What is better than learning how to shop! The Consumer project's meetings will be held **December 6 & 14th**,

2010 & January 4, 10, 2011 at 6pm at the Extension Office Meeting Room! Make sure and come and learn all about the project and what it has to offer. The county contest will be January 18, 2011 at 5:30pm in the CEO Meeting Room. It will be a lot of fun!



### Food and Nutrition Quiz Bowl

Food and Nutrition Quiz Bowl **practice will begin December 16 from 6:00-8:00 p.m.** This is a chance to show off your knowledge of food and nutrition and hopefully learn a few more things along the way. Teams will be formed at a later date as the practice continues after the new year. The age groups will be junior/intermediate teams and also senior teams. The **District Food and Nutrition Quiz Bowl will be held on March 5th in Waco**. Please come and see if this is for you!

Bell County Extension Recruits Volunteers for Master Wellness Volunteer Program

The Master Wellness Volunteer initiative is a Texas AgriLife Extension Service program that will provide volunteers with 40 hours of training in health and nutrition education. The training will focus on physical activity, nutrition, food safety, food demonstrations, child health, and various Extension nutrition, health and wellness programs.

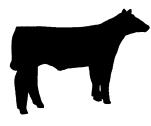
Who Volunteers? 4-H Adult Volunteers, High School Students (age 16 or above), Health and Wellness Coordinators, Workplace and Church Volunteers, Human Resource Managers, Organizational and Civic Leaders. As well as, anyone who is interested in promoting Health and Wellness in their community.

Master Wellness Volunteer Classes will be held on January 14, 21, 28, and February 4 &18, 2010. All of the training will be at the Bell County Extension Office. After becoming certified, volunteers agree to give back 40 hours of service. The volunteer opportunities are diverse - giving presentations for local community groups, assisting with periodic cooking schools, passing out information at health fairs, and much more. Previous health or wellness training is not required, but an interest in living healthfully and helping others do the same is. Those interested in participating may call the Bell County Extension Office at 254-933- 5305 or email <u>CAStevens@ag.tamu.edu</u> or <u>SLAustin@ag.tamu.edu</u> for more information and an application. <u>Applications are due on or before December 17, 2010.</u> There is a \$50 fee to participate.



**Beef Cattle Clinic** 

A Beef Cattle (steers and heifers) Clinic will be held on <u>December 18</u> at the Bell County Expo Center. This clinic will be open to any 4-H or FFA families, whether novice or experienced. We will discuss the equipment that you need for a show, show preparation, feeding at the show, how to prepare at the show, and how to clip. In addition to this, the second portion of the clinic will be dedicated entirely to showmanship and how to present your project at the show. This clinic will provide <u>hands on</u> learning experience so all participants are encouraged to bring their steer or heifer projects to the Expo. Participants may begin stalling at 6:30 am and all animals must be in place by 8:00am. Registration will be



from 7:30 until 8:00a.m and the clinic will start at 9:00 and last until 2:00 p.m. Lunch and breakfast will be provided. The cost is \$15.00 per child (pre-registration) and \$25.00 day of registration. <u>The pre-entry</u> <u>deadline is December 10, 2010</u> and you can pre-register by paying at the Bell County Extension Office. The cost of the clinic will cover breakfast, lunch, and all clinic materials.

# Bell County Youth Fair Broilers Please note that Fair Broilers will arrive on <u>Tuesday, December 21, 2010</u> and need to be picked up <u>between 3:30-5:30pm</u> at the Extension Office. If you have any questions please contact Pam Reavis at 254-933-5305.

## BCYF Rabbit Validation

Rabbit Validation will be on Thursday, <u>January 11th</u>, <u>2011 from 5:30-7:30pm</u> at the Expo Center. The fee will be \$1.00 per rabbit. If you have any questions please contact Pam Reavis at 254-933-5305.



### Important Dates for Bell County Youth Fair & Major Shows

BCYF Entries for Clubs	Nov-Dec Club Meeting	See your Club Manager
BCYF FCS Container Pickup	Dec. 17 & 20-22, 2010	8am-5pm-CEO
San Antonio Broilers	Dec. 21, 2010	Call in for time
County Broiler Pickup	Dec. 21, 2010	3:30 – 5:30 pm
Rabbit Validation	Jan. 11, 2011	5:30- 7:30 pm- Expo
Weigh-Out Commercial Steers	Jan. 29, 2011	8am- Evans Ranch
Swine Carcass Weigh-In	Jan. 29, 2011	9:00-10:00am- Expo
Houston/Star Broilers In	Feb. 1, 2011	Call in for time
Commercial Steer Recordbook Due	Feb. 2, 2011	BY 5:00 P.M.
Bell County Youth Fair	Feb. 5-12, 2011	Ехро
Horse Ride Nights:		
<b>P</b> erformance- Jan. 25, & Feb. 1, 2011		
Speed- Jan. 24 & 31, 2011		୍ କ

STATE FAIR CHECKS

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If you showed an animal at the State Fair of Texas and are expecting a check, please stop by the Extension Office and pick them up. These are premium checks and floor price checks.

# Bell County Youth Fair Ride Nights

Sponsored by Texas AgriLife Extension Service & Bell County 4-H Horse Club

The official ride nights are correct in the BCYF rule book. Please notice the following schedule: January 25, and February 1<sup>st</sup> are performance nights.

#### January 24, and 31<sup>st</sup> are speed event nights.

Speed horses only on Speed nights, Performance horses only on Performance nights.

All 4-H, FFA and FCCLA members entered in the 2011 Horse Show events will get an invitation very soon from our office. I will be working with guest instructors and to finalize plans between now and January 21st. We have reduced the number of ride nights due to reduced participation over the past three years. The low numbers of youth attending on Mondays and Tuesdays early in the month did not justify the cost.

Rules for ride nights are included on page 6 of the Bell County Youth Fair Horse Show (GREEN) Catalogue, so please be familiar with them. Ride night events are only for the Contestants registered for competition in the Bell County Youth Fair Horse Show. Only their horses that are the primary or alternate horses signed up for the events in 2010. We will be checking for Coggins so have copies of current negative Coggins test results on all the horses you bring. Contestants must register each night and present Coggins paperwork to ride in the arenas.

#### We do not allow alcohol or smoking at anytime in the barn and no alcohol can be consumed in parking lot. Because this is an equine event, absolutely no dogs will be allowed on the grounds.

- We need every one of you to focus on safety.
- We will have EMS on site at every ride night this year from 6:00 to 10:00.
- Security Staff will be present from 6:00 to 10:00.
- We will again have inside tie up area available along the West side of the C barn arena.
- Since we have many horses that are not familiar with each other and riders that may not be familiar with crowded type conditions, we would like to again have appointed safety monitors for each night. The idea would be that the safety monitor would be stationed in the congested areas and be responsible for helping the youth understand how to make safe decisions. We are looking for volunteers that will be safety monitors. Please report any unsafe conditions to them. If you would like to volunteer e-mail or call Dirk at the CEO.
- The goal is that the ride nights help beginners and newer entrants feel comfortable, help them have fun and give them confidence to compete in future events. At the same time we will strive to provide a safe place for the more experienced riders to get ride time and practice. The ride nights will only be as good as we collectively make them, so your help is needed.

If you would like to volunteer or have any suggestions, please call or send an e-mail. The Office number is (254) 933-5305, my Cell is (254) 534-4047 and e-mail is <u>raaron@ag.tamu.edu</u>.

### **A Call for Recipes!**

It is time once again for the Bell County Exchange Club to do another cookbook!! So since you all will be whipping out those award winning, scrumptious, gotta-have recipes for the holidays, please email them to Dorothy Wood at woodb2@clearwire.net so they can be included in our cookbook. These cookbooks once completed will be available for sale through the Exchange Club and given to the other states that exchange with us. What a way to brag on your recipes nation-wide!!! In addition to the recipe please include your name and the 4-H club to which you belong. Any questions, please call Belia Rodriguez at



254-947-4713.

### ATTENTION PARENTS, LEADERS, AND CLUB MANAGERS!

January 19th is an important meeting for MAB, the Membership Advisory Board. This meeting is for all parents and leaders. We also highly encourage all club managers and assistant club managers to come!

This meeting is an important meeting for a few reasons! We must have 51% of our membership at the meeting because we need to vote and accept our budget! This must be done at the meeting. We also will be discussing officers and the bylaws. Micah will also be introducing fun and new activities to do for your club members! The program will be called: Stop Global Whining!!! How to stop complaining in your clubs and 4-H program!

Please come to the MAB meeting on January 19th at 6pm in the County Extension Office Meeting Room to vote and learn new and fun things for your club!

Bell County 4-H Members Participate in State 4-H Technology Leadership Team

This past weekend Bell County 4-H members, Dorothy and Elizabeth Wood attended a face to face training in Bryan Texas with 4-H'ers from all over the state. These 4-H members were being trained to serve on the Texas State 4-H Technology Team. This is one of only 2 state Leadership teams in Texas. They learned skills such as Photoshop, Video and Movie Editing, and Green Screen Effects. They kicked off the weekend Friday night with team building exercises and committee assignments. Saturday was used to develop promotional videos and planning for the years events such as Texas 4-H Roundup and the California State Conference. They finished up their work on Sunday morning and said their goodbyes to continue their work at the local and state levels.

Membership on the Texas 4-H Technology Team is available each year to all senior age 4-H members who complete an application and submit it for selection. Applications are located on the Texas 4-H & Youth Development website at: http://texas4-h.tamu.edu/

### 2011 Texas Teen Retreat

The Texas 4-H Conference Center is pleased to announce plans for the first event of 2011 – The Texas Teen Retreat to be held <u>January 7-9, 2011</u> at the Texas 4-H Conference Center in Brownwood, TX! This retreat will be an excellent opportunity for <u>senior 4-H members ages 13-19</u> to learn numerous basic personal skills and leadership techniques. Our unique theme this year is "Leaders 4 Life!" an in depth look at the new Leaders 4 Life project. Participants will see, learn, and get some hands-on practice in the components of the contest. Teen Retreat participants will be equipped to return to their counties and lead activities with afterschool programs, 4-H clubs, Youth Boards, and more! Cost for this retreat is Youth-\$100.00, Adult Chaperones \$65.00. If you are interested in participating in this retreat please register through the CEO.



The Bell County Clothing Board met this month and made plans for the upcoming year. We are recycling used t-shirts and turning them into reusable grocery bags. You can be a part of this community service project by collecting t-shirts or sewing them. We made 25 bags at our meeting and plan to make around 100 bags to give away in the spring. Future workshops will include a beginning sewing class in January where we will sew simple skirts and learn about the Bell County 4-H Fashion show and Bell County Youth Fair Fashion Revue. Other workshops will include sewing placemats and napkins, crochet, knitting washcloths for the Hope Pregnancy center, sewing turbans for cancer patients, needlework of various kinds, fashion design storyboards, as well as our 2nd Annual Spring Clothing Blast. As you can see there is a lot happening in Clothing and Textiles. Keep your eyes open for future workshop dates and details beginning in the January newsletter.

January 7th- Clothing Board Meeting, 2pm, CEO January 20th- Clothing Workshop- Learn about Fashion Show and Fashion Revue, 6pm, CEO March 1,8, 29th- Knitting Workshop, 6:30pm, CEO March 15-16th- Clothing Blast, 9am-3pm, CEO April 1-2- Bell County 4-H Fashion Show and Interviews April 15- District Fashion Show, Waco

### FOR SALE IN THE CEO

#### "Share the Road" Bracelets For \$5.00

ALL PROCEEDS WILL BE DONATED

TO THE FLEMING FAMILY

To help support Augustus Fleming who was in an accident in August.



# END ANNUAL COMPANYATION CHRISTMAS<sup>TM</sup> BALL

### FEATURING MICHAEL MARTIN MURPHEY

Our Second Annual Fundraiser for the Bell County Youth Fair Scholarship Fund



# CONGRATULATIONS TO OUR 2010 HUNTER'S SPECTACULAR WINNERS

#### **WINNERS**

Johnny Frederick Chris Sauceda Anna Payne Russell Krumnow **Kevin Morris** AJ Hill Darrell Ford **Brad Lyons** Steve Morin Ronnie Creek Jason Weigle Kirk Boren **Curtis** Payne John Fasolino Kim Flowers **Richard Spurlock** D.E. Anglin Lisa Littman Joann Engelke Madison Whitson Kevin Glazener Modene Marek Phil Kunz Jim Bob Fisher Wallis Reese Leonard Janke

Rod Holcombe Bill Buckner

#### **PRIZES**

20 ga
22LR
308
243 Win
12 ga
22LR
270 WSM
7MM Mag
20 ga
12 ga
30-30
223 Rem
12ga
22LR
30-06
25-06
270 Win
22LR
22LR
300 WBY
30-06

### WE APPRECIATE YOUR SUPPORT!!

Bell County 4-H News December 2010

Hurry, Hurry & Order your Bell County 4-H T-Shirt/Hoodie in time for the BCYF!

Show your support for Bell County 4-H and call or come by the CEO to fill out an order form.

Hoodies are \$20.00 & T-shirts are \$10.00



FRONT

FRONT



Bell County Extension 1605 N. Main, Room 102 Belton, TX 76513 Phone: 254.933.5305 FAX: 254.933.5312 http://bell-co.tamu.edu

Randall Rakowity

Randall Rakowitz County Extension Agent Natural Resources



Micah Holcombe County Extension Agent 4-H and Youth Development

Extension programs serve people of all ages regardless of socioeconomic level, race, color, sex, religion, disability or national origin. The Texas A&M University System, U.S. Department of Agriculture, and the County Commissioners Courts of Texas Cooperating







Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
5	6	7	8	9	10	11
Horse Judging Clinic, 2-5pm, Expo	Consumer, 6pm, CEO			District 8 4-H Food Show- Belton		Cowboy Christmas Ball, 6:30pm Bell Ringers, Belton/Temple
12	13	<b>14</b> Consumer, 6pm, CEO	15	Practice, 6-8pm, CEO	Applications for Master Wellness	<b>18</b> Beef Cattle Clinic, 7:30am-2pm, Expo
19	Container Pickup, 8-5pm, CEO		<b>22</b> BCYF FCS Container Pickup, 8-5pm, CEO	23 CEO CLOSED	CEO CLOSED	25 Nerry Puristances
26	27	28	29	30	31 CEO CLOSED	Viapy Nel/ Year

# 4-H CHALLENGE

DECEMBER 4,2010-7,000 Texas A&M vs Pacific

4-II packs the house See whileh county can bring the most members!



The TOP 3 counties will receive:

 Official Autographed Basketball Jersey

 (4) Pack of Tickets to the Jan. 31 game: TAMU vs. TEXAS

## GRAND PRIZE

:60 promotional video featuring your 4-H club in action at the Jan. 31 TAMU vs. TEXAS men's basketball game!

To purchase tickets, visit 12thmanfoundation.com type in your county name as the promo code!