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#### Wharton County Extension Office

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Find forms and event information on: facebook.com/ whartoncounty4H



agrilife.org/wharton4h



# WHARTON 4-H Clover Chronicle

#### June/July 2015

After a long year of learning about 4-H in Wharton County, I have taken advice from lots of people. I have decided that a hard-copy newsletter is definitely needed. I am starting with a bimonthly addition for the summer.

### 2015-2016 Chartering Process!!!

Managers, don't cringe yet! This will actually be a much smoother charting process this year. Like in the past, it will be done through 4-H Connect but instead of having to turn in all the paperwork in to me, you can scan it all online yourself. Sign in as a parent, go to events, select "15-16 Club Establishment and Chartering", begin the application and upload. The event will open May 15 and will close July 15. If your club is not entered in by July 15, 4-Hers will not be able to enroll into your club. If you are a manager that is stepping down and handing your club over to someone else, please go through all the necessary procedures to change the managers name on the bank account. Also, make sure the new manager has the EIN number as well. If you have any questions about this process, feel free to contact me

#### 2015-2016 Wharton County Council Officers Elected

President - Sara Zahn 1st Vice President - Regan McGuill 2nd Vice President - Blair Watz 3rd Vice President - Reed McGuill Secretary - Amber Orsak Treasurer - JR Schauer Reporter - Zoey Zahn Parliamentarian - Bryar Blair

## LIVESTOCK NEWS

**\*\*Validation Reminders\*\*** 

Validation for all species will be held on Thursday, June 25 from 4:00pm-6:00pm at the WCYF Fairgrounds.

Your animals (steers/heifer/lamb/goat/swine) will need to be brought to validation on this day.

Steers/Heifers are validated for the 2015-2016 Major Show year.

Lamb/Goat/Swine are validated for 2015 State Fair.

#### <u>Heifers</u>

If you plan to validate a heifer for Dallas/Waco major shows in the Fall, your heifers must be validated. DNA Hair samples will be pulled and brands/tattoos will be verified.

Please scan your COLOR original registration papers to

rachelberry@agtamu.edu before June 25, if you have them, or you can come by the Extension office and I can scan them for you. I will also have the portable scanner at validation on June 25. Heifers cannot be validated if your registration papers are not in hand/in possession by June 30. Scanned original registration papers must be uploaded to the heifer validation website by June 30.

#### <u>STEERS</u>

If you plan to show a steer at any of the majors in 2015-2016, your steer(s) will need to be in your possession by validation. Please bring your steer(s) to validation to be tagged, tattooed, nose-printed and have a DNA hair sample pulled.

#### LAMB/GOAT

If you plan to show a lamb or goat at State Fair in the Fall, your lamb/goat(s) will need to be in your possession by validation. Please bring your animal to validation to be tagged, tattooed, nose-printed and have a DNA hair sample pulled.

#### <u>swine</u>

If you plan to show swine at State Fair in the Fall, your hog(s) will need to be in your possession by validation. Please bring your animal to validation to be tagged, ear notches verified and recorded, and have a DNA hair sample pulled.

If ANY exhibitor or parent is unable to attend validation, but your animal will be taken by someone else, you MUST come by my office or contact your FFA Advisor to sign a Hold Harmless form and sign all validation paper work. All paper work must be signed by the EXHIBITOR and the PARENT, on or before validation.

This is a very important and tedious process, If you have any questions, please contact me immediately!

rachelberry@ag.tamu.edu or (979)532-3310



Congratulations to the Class of 2015! I hope that all the lessons that you learned in 4-H will help you all throughout your adult years! Never miss the opportunity to educate anyone on the importance of 4-H and all that this organization provides for the youth of the world. I thank you for all your years of service and Good Luck in all your future endeavors!

## DII *J*R.

### Leadership

### LAB

will take place at the Matagorda Bay Nature Park on July 7. 4-Hers 8-13 are encouraged to participate. Register on 4-H Connect by June 19. Registration is \$30/youth, \$20 adult w/shirt, \$5 adult w/out shirt. All info can be found on our Wharton 4-H website!

Educational programs of the Texas A&M AgriLife Extension Service are open to all people without regard to race, color, sex, religion, national origin, age, disability, genetic information, or veteran status. The Texas A&M University System, U.S. Department of Agriculture, and the County Commissioners Courts of Texas Cooperating

### The 2015 WCYF is in the Record Books!

Congratulations to ALL WCYF participants and exhibitors! There are so many to mention! Everyone of you deserve a pat on the back for all your hard work and dedication that you all endured throughout the year as you got your project ready. Whether it was an animal, ag mechanics project, creative arts or a judging team, they all took time to get ready for the fair. This was my very first WCYF and it was exactly what I hoped it would be. I am very proud of the way every exhibitor presented themselves for the public of Wharton County. True Leaders!!! Its crazy to know that some of you are already working on next years project or even getting your steer. If you need any help, please feel free to get with me! Thank you all and Congratulations again!

\*\*Reminder\*\*

All Sale of Excellence Thank You notes are due to the WCYF Office by June 19th.

2016 Dairy Merit Heifer Applications are due to WCYF by June 30. (forms on WCYF website)



### Rethink your Drink: How to Avoid Sugary Drinks in Summer Month's

What is sugar? Does it exist naturally or is it just added? Sugar is a sweetener that provides calories and is added to food and drinks to give them a sweet taste as well as texture. Sugar is a simple carbohydrate that the body uses for fuel. It has no other nutritional value. Sugars are found naturally in fruits as well as in milk.

It's not a shocker that many sodas have loads of sugar. But what is more shocking is that many different fruit drinks are often billed as healthier alternatives and they are also loaded with sugar. An 8-ounce serving of a fruit drink that is not 100% juice has an average of about 110 "empty calories" and 7 teaspoons of sugar. This is equal to the amount that is found in an 8-ounce serving of a soda or energy drink.

Many people believe that drinks such as Capri Sun, Sunny D, Gatorade, and Vitamin Water are healthy choices but they are also full of added sugar. So when you're thirsty and need something to quench your thirst, re-think your drink and grab a glass of water, low fat milk or 100% fruit juice.



MyPlate: Let's Eat for the Health of It www.cdc.gov



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# JUNE 2015

SUN	MON	TUE	Wed	THU	Fri	SAT				
	1	2	3	4	5	6				
7	8 TEXA	9 S 4-H ROUND-U	10 IP, COLLEGE STA	11 ATION	12 County record books & star Award Apps Due to Ceo	13				
14	15	16	17	18	19 Jr. LAB REG DUE 4-H Connect <b>Thank You Notes</b> <b>Due to WCYF</b> D11 Horse S	20 How, edna				
21	22 LEAD	23 DERSHIP LAB, LI	24 EAKEY	25 steer, lamb/goat, heifer validation wcyf fairgrounds 4-gpm state fair broiler orders due to ceo	26	27				
28	29 STAR AWARD INTERVIEWS	30 2016 Dairy Merit Applications Due to WCYF								
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JULY 2015										
SUN	MON	TUE	WED	Thu	FRI	SAT				
			1 Awards committee Mtg.	2	3	4				
5	6	7 D11 J.R. LEADERSHIP LAB MATAGORDA	12:00PM CEO	9 D11 RECORD BOOK JUDGING, VICTORIA	10	11				
12	13	14	15 ALL Club Charters Due on 4-H Connect	16	17	18				
19	20	21	22	23	24	25				
26	27	28 County Council Meeting 6:30PM Ceo	29	30	31					
		Contract later								

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