

**ARE SOME OF YOUR LITTLE  
 EXTRAS ON THE CHART?**

Item	How Often a Day	Price	Savings/Cost in Year
Candy Bar	_____	_____	_____
Snack or Munchies	_____	_____	_____
Chewing Gum	_____	_____	_____
Cigarettes - pack <i>(plus tax)</i>	_____	_____	_____
Cigarettes - box <i>(plus tax)</i>	_____	_____	_____
Ice Cream - <i>(at fast food)</i>	_____	_____	_____
Soft Drinks - <i>(soda machine, convenience stores, fast food)</i>	_____	_____	_____
Beer/Wine/Alcohol	_____	_____	_____
Lottery Tickets	_____	_____	_____
Movies/Pay Per View	_____	_____	_____
Magazines/Books Online	_____	_____	_____
Video Games	_____	_____	_____
CD's/DVD's/Streaming	_____	_____	_____
Manicure/Pedicure	_____	_____	_____
Car Extras <i>(to keep it running)</i>	_____	_____	_____
Pet Supplies	_____	_____	_____

Fast Food	_____	_____	_____
Coffee ( <i>away from home</i> )	_____	_____	_____
Bottled water ( <i>waste from not drinking all</i> )	_____	_____	_____
Overages (Cell phone)	_____	_____	_____
Satellite/Cable	_____	_____	_____

**Total:** \_\_\_\_\_

Texas A&M AgriLife Extension provides equal opportunities in its programs and employment to all persons, regardless of race, color, sex, religion, national origin, disability, age, genetic information, veteran status, sexual orientation, or gender identity. The Texas A&M University System, U.S. Department of Agriculture, and the County Commissioners Courts of Texas Cooperating.