



Cooking with Confidence



**A training for Master Wellness Volunteers
interested in Food Demonstrations at
Farmer's Markets and other outdoor venues...**

- Planning and preparation for the food demonstration

March 10, 2017

9:00 a.m. - 3:15 p.m.

Dallas Research & Extension Center

Building E, 17360 Coit Road

Dallas, Texas 75252

972-952-9256

\$10 registration fee includes lunch

To register - <https://agriliferegister.tamu.edu/MWV>

Space is limited to 30 participants

- Outdoor food safety considerations

- Nutrition talking points

- Hands on activities

- Volunteer Opportunities



**MASTER
WELLNESS
VOLUNTEER PROGRAM**

TEXAS A&M AGRILIFE EXTENSION