



MASTER WELLNESS VOLUNTEER PROGRAM

»»»»»»»»»» **on campus** ««««««««««



1

Students receive self -paced online training in nutrition, health, food safety, food demonstration, and researched based programs

2

Return volunteer service hours through health and nutrition activities which could also meet campus volunteer service requirements

3

Incorporate training or volunteer service into course curricula, class project, or extra credit

4

Create a culture of wellness on campus...lead campus wellness activities, be the example of a healthy lifestyle

5

Explore career opportunities in community health and nutrition by working with the local County Extension Agent

Connect with the community and the positive impact of student Master Wellness Volunteers



**For more information
contact your local
County Extension Agent at counties.agrilife.org**



Educational programs of the Texas A&M AgriLife Extension Service are open to all people without regard to race, color, sex, religion, national origin, age, disability, genetic information, or veteran status.