2011 Family Issues Summit

Conference Theme "Focusing on Volunteerism"

Date Thursday, March 24, 2011

Time 9:00 A.M. — 3:00 P.M.

Location Southlake Sub-Courthouse 1400 Main Street Southlake, Texas 76092

Registration \$15
Student Registration \$10

Registration must be received by March 10, 2011

Registration includes lunch, materials, and facilities

Mail completed form and registration fee to:

Carrie Brazeal 825 N. McDonald Street, Ste 150 McKinney, TX 75069

Please make checks payable to: TCE Account Number 214330-00000

CLOCK HOUR CERTIFICATES

Five (5) clock hours for all attendees Five (5) PDUs for TAFCS members

Five (5) BLT match hours for CEAs

Directions to Southlake Sub-Courthouse

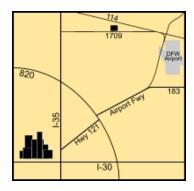
From the South (Fort Worth) - Take I-35 North. Merge onto TX-121 toward DFW Airport. Take TX-26/FM-1938 N/Davis Blvd Exit toward TCC NE Campus. Merge onto Davis Blvd/FM-1938N. Turn right onto W. Southlake Blvd/FM-1709. Turn left onto State St. Turn right onto Main St. Arrive at 1400 Main St

From the East (Dallas) Take I-35 toward Denton. Take TX-183 W. toward TX 114/Irving/DFW Airport. Take Exit Toward FM-1709/Wall St/TX-114-BR/E Southlake Blvd. Turn slight left onto E. TX-114 Hwy. Turn slight left onto E. Southlake Blvd/FM 1709. Turn right onto Grand Ave. Turn left onto Main St. Arrive at 1400 Main Street.

From the West (Weatherford) - Take the I-20E toward Fort Worth. Take I-820 N. Merge onto I-35 toward Denton. Take Exit 64 toward Golden Triangle Blvd/ Keller-Hicks Rd. Turn right onto Golden Triangle Blvd (which becomes FM1709). Turn left onto Grand Ave. Arrive at 100 Main

From the North (Denton) - Take I-35 S toward Fort Worth. Take Airport/TX-114/Dallas/Bridgeport exit. Turn left onto TX-114/Highway 114. Take the exit toward Carroll Ave. Stay straight onto E. TX-114 Hwy. Turn right onto Central Ave. Turn Right onto Main St. Arrive at 1400 Main Street.

Parking: From State Hwy— 114 take the Carroll exit south for 1 block. Turn left onto Division Street. Park at the corner of Division and State Street/ Enter the Court office at ground level. From Southlake Blvd—take the North Carroll Ave. north to Division and drive one block to the corner of Division and State Street. Enter the Court office at the ground level. Parking is provided along Division Street and State Street. Overflow parking is located at the Parking Garage located south of the Courthouse.



More information or questions? Contact Maggie Jover Texas AgriLife Extension Service Denton County at 940-349-2882

Educational programs by the Texas AgriLife Extension Service serve people of all ages regardless of socioeconomic level, race, color, sex, religion, disability or national origin. The Texas A&M University System, U.S. Department of Agriculture, and the county Commissioners Courts of Texas Cooperating.

Persons needing auxiliary services need to contact Marian Ross, Texas AgriLife Extension Service—Tarrant County at 817-884-1294 by March 1,



FAMILY ISSUES SUMMIT

MARCH 24, 2011

Focusing on Volunteerism



3rd Floor
Rooms A, B, C, D
1400 Main Street
Southlake, Texas 76092

Family Issues Summit Thursday, March 24, 2011 Southlake Sub-Courthouse

9:00-9:30 a.m. Registration 9:30-9:40 a.m. Welcome

Dr. Susan Ballabina, Regional Program Director, Texas AgriLife Extension Service

9:40-10:30 a.m. Keynote: Six Ways to Health and Wellness

Dr. Anna Love, PhD, RD, LD, CHES, Founder of Love to Live Well

10:30-11:45 a.m. Breakout Session 1

The Healthy Kitchen - Healthy Meal Planning

Carrie Brazeal, County Extension Agent—Family and Consumer Sciences, Texas

AgriLife Extension Service, Collin County

Building Dollar\$ and Sen\$e —Insuring Against Risks

Ellen Timberlake-Volz, CFP, Independent Insurance Agent

11:45 - 12:15 p.m. Lunch

12:15—12:45 Keynote: Somebody's Gotta Do It —- Volunteer!

Judy Ketchum, Director of Tarrant County Resource Connection

1:00—2:30 p.m.. Breakout Session 2

The Healthy Kitchen—Healthy Grocery Shopping & Healthy Holiday

Foods

Carrie Brazeal, County Extension Agent—Family and Consumer Sciences, Texas

AgriLife Extension Service, Collin County

Lexie McGrane, County Extension Agent—Family and Consumer Sciences, Texas

AgriLife Extension Service, Rockwall County

Building Dollars\$ and Sen\$e —Investments and Resources

Dr. Joyce Cavanagh, Associate Professor and Extension Specialist—Family Economics

Nancy Granovsky, Professor and Extension Specialist—Family Economics

2:45–3:00 p.m. Closing Remarks

Family Issues Summit Registration Form

Name:
Address:
City:
 Zip: County:
Phone:
Email:
I want a vegetarian meal.
Please check which workshops you plan to attend
The Healthy Kitchen
Building Dollar\$ and Sen\$e
Students may attend for professional development hours. Reduced registration—\$10!
Registration deadline is March 10, 2011