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* Headline: Arial, bold, size 11, all caps, Black
* Body Text: Arial, size 9, Gray (RGB 77,78,83), bulleted list with square bullets

Healthy Texas combines the expertise of the Texas A&M University Health Science Center with Texas A&M AgriLife Extension Service’s one-of-a-kind, statewide reach to promote preventive health at the most local level of the community, improving the well-being of Texans for generations to come. “Healthy South Texas,” the pilot program of Healthy Texas, is a novel effort to reduce the highest impact diseases and their consequences, including diabetes, asthma and infectious disease, throughout a 27-county region in South Texas. This comprehensive, multi-disciplinary team engages families, enhances education, promotes behavior change, and improves quality of medical care and health outcomes. Learn more at healthytexas.tamu.edu.

Healthy South Texas is an equal opportunity program provider

The text in this newsletter is set up in text boxes. The text in this template is placeholder text. To replace placeholder text, just select and start typing. The font for the article body is Arial, size 9, no bold, color black, 1.15 line spacing.

If you need to delete and change the size of boxes, the set up should allow you to do that. Try to keep word counts to limit the size of the text box. You may change the size of the font, but make it no smaller than size 8 and no larger than size 10.5 for readability.

The quick brown fox jumps over the lazy dog. The quick brown fox jumps over the lazy dog. The quick brown fox jumps over the lazy dog. The quick brown fox jumps over the lazy dog. The quick brown fox jumps over the lazy dog.

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Headline Lorem Ipsum (font Arial Black, size 16, Black)

County Name

Extension Agent Name

Address Line 1

Address Line 2

Phone Number

Email Address

Website address for County

**CONTACT**

**UPCOMING EVENTS**

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**Headline for another article can go here**

To fill the box with a photo:

* Select this box to insert a photo
* Make sure Shape Format tab is open
* Click on Arrow next to Shape Fill to show options
* Click Picture
* Select photo and click insert
* Make sure photo is not distorted. You may have to resize the box.

To fill the box with a photo:

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**RECENT PHOTOS/NAME EVENT**

Event information about the photos can go here in this text box.

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**CALENDAR**

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