Texas A&M AgriLife Extension

This cap can be made for a boy or girl preemie, and fits from 2- 3 lbs- (4-5 lb) (7-8 lb) babies . It is super fast to knit up and will stretch to fit.

Stretchy Knit Baby Cap

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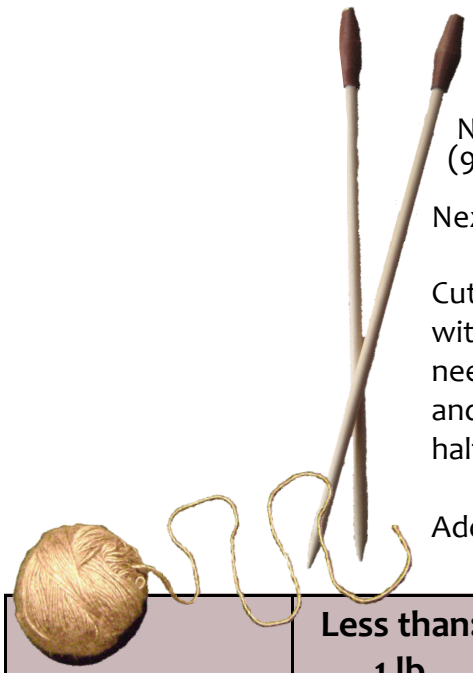
Supplies Needed

1 oz sport or baby yarn — not fingering

size 9 knitting needles (size 5 Canadian, UK –5.5 mm)



Directions

Loosely cast on 36 (44) (50) sts.

Rows 1-5: k2, p2... repeat across.

Rows 6-?: Knit all rows (garter st) for 4 (5) inches.

Decreasing row 1: Knit 2 together across row (18 (22) (25) sts left).

Next row: Knit across.

Next decreasing row: Knit 2 together across row. (9 (11) (12) sts left)

Next row: Knit across.

Cut yarn leaving a 12" tail. Thread a large eye needle with the yarn and gently remove the 9 sts left on the needle. Carefully weave the needle through the 9 sts and pull tightly to gather top of hat. Now fold hat in half and whip stitch the sides together to form hat.

Add a homemade pompom if you like.

	Less than: 1 lb	>1–3 lbs	3–5 lbs	6–8 lbs	9–11 lbs	The following are some specific hat measurements in each size category. You will notice that **we ask for the hat measurements to be 1.0"-1.5" smaller than the head circumference measurements** for each size category. This is due to the fact that the hats will stretch.
Circumference	4" – 4.5"	8.5" – 9"	11" – 11.5"	12" – 12.5"	13" – 14"	
Length (height)		3.5" – 4"	4" – 5"	5" – 6"	6" – 6.5"	

Texas 4~H Clothing and Textiles 2009~2010 Community Service Project

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