

# Stethoscope Cover



## Supplies Needed

Fabric 34" x 7"  
 Elastic, 1/4" wide  
 Velco 1/2" wide, 3/4" long or snaps

## Directions

1. Take each of the 6.5 inch ends and fold them down about 1/2 inch, then fold again 5/8 inch. Iron this fold down and then you probably won't have to pin in place. Sew it in place using a straight stitch. Sew it within a quarter inch of the folded edge. Do this to both ends.
2. Elastic goes on the bottom of the stethoscope cover, this prevents the cover from slipping down the head of the stethoscope. Line up the elastic next to hem stitch.



3. Start the elastic approximately 1/4 inch from the edge of the material. Anchor elastic down first with a few stitches. After that, start pulling on the elastic. Pull the elastic and stitch at the same time. Use straight stitch for 1/4 inch elastic and a zigzag stitch for wider elastic. Do this very slow until you get used to guiding the material, elastic and pulling at the same time. Don't pull it so tight to where it's half its original width but to where it's pretty taunt. Stop stitching about 1/4 inch before reaching the edge of the material, then backstitch. Cut excess elastic off. (Or insert elastic into the casing you made when you hemmed the lower edge and anchor one end with stitches. Pull elastic to about half the width of the fabric and anchor the other end with stitches.)





## Stethoscope Cover (continued)

4. Put right sides together on long edges . Line it up nice and even and pin in place. Start sewing at the top (no elastic side). Sew a  $\frac{5}{8}$  seam. Use a zigzag stitch on edges to help prevent the material from fraying.
5. The top of the cover needs something to hold the top up so it doesn't slide down the stethoscope. To do the velcro, use the half inch wide Velcro. Cut the velcro about  $\frac{3}{4}$  inch long. The at the top of the cover, inside, sew a piece to each side to where it can velcro together to keep the cover from sliding down. Or sew snaps in.



### Possible Donation Locations

American Cancer Society  
MD Anderson Hospital  
Local chemotherapy clinic

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