

Gaiter

This one is easy. Really easy. With a machine you can whip it together in less than 15 minutes. By hand is a touch longer. It's a good project for little ones to help with, or if you're still not too sure about your sewing skills. This was one of the first things I learned to make.

This is probably a dollar or two to make- cheaper still if you're using remnants of another project. You can do whatever color or pattern you want to match the rest of your gear.

I love these things for camping and hiking. I just pull it up over my ears and right up to the bottom of my eyes. I can breathe through it and it's reeeeeeeally soft on cold cheeks.

If you are so inclined, add a drawstring to the top and it will double as a hat. Pretty cool, eh?

Supplies Needed

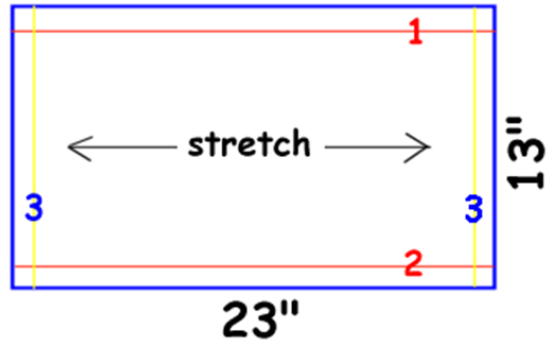
Polyester Fleece (13" x 23")
 Polyester Thread



<http://uberpest.com/wp-content/uploads/2010/12/gaiter.jpg>



Gaiter Pattern



Directions

On this one it's important to have the stretch in the right direction. If it isn't, the gaiter will be a little uncomfortable.

Cut the fleece as shown.

1. Sew the top with about a 3/4 to 1" fold.
2. Repeat with the bottom.
3. Sew the edges together so all seams are on the inside. Turn right side out to wear.

Congratulations! You just made a neck gaiter!

Possible Donation Locations

Military (needed in winter)



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