

Party Pretzels

1 9 ounce package fat free unsalted miniature pretzels
2 Tablespoons canola oil
2 teaspoons garlic powder
1 teaspoon dill weed
1/2 teaspoon lemon-pepper seasoning
1/4 teaspoon lite salt

Place pretzels in a medium size bowl. Combine the canola oil, garlic powder, dill weed and lemon-pepper seasoning and salt. Mix well. Drizzle over pretzels and toss to coat. Spread mixture in a 13 x 9 x 2 inch pan. Bake at 325° for 10 minutes, stirring twice. Cool and store in an airtight container.

Yield: 9 servings of twenty pretzels per serving

Brytni Nicholas

Rusk County

Intermediate - Nutritious Snacks