

## **APPLE BREAD**

2 cups sugar  
1 cup oil  
3 eggs, beaten  
3 cups flour  
1 teaspoon cinnamon

1 teaspoon baking soda  
2 teaspoons vanilla extract  
3 cups peeled and chopped apples  
1 cup nuts (optional)

Beat together sugar, oil, and eggs. Sift together flour, salt, cinnamon, and baking soda. Add to liquid mixture. Add vanilla, apples, and nuts to mixture. Pour into two loaf pans sprayed with cooking spray. Sprinkle tops with sugar, if desired. Bake at 325 degrees for 1 hour. Can also be made in small loaf pans with less baking time.

Yield: 2 loaves      Calories per serving: 175

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Intermediate - Breads & Cereal